



Laguna Woods Village®

CLUBHOUSE 1 CIRCUIT CLASSES

WEDNESDAYS AND FRIDAYS

1 - 2 p.m. (four weeks)

REGISTRATION BEGINS AT 8 AM	SESSIONS
DECEMBER 30	JANUARY 8 - JANUARY 31
JANUARY 27	FEBRUARY 5 - FEBRUARY 28
FEBRUARY 24	MARCH 5 - MARCH 28
MARCH 24	APRIL 2 - APRIL 25
APRIL 21	APRIL 30 - MAY 23
MAY 19	MAY 28 - JUNE 20
JUNE 16	JUNE 25 - JULY 18* No class July 4
JULY 14	JULY 23 - AUGUST 15
AUGUST 11	AUGUST 20 - SEPTEMBER 12
SEPTEMBER 8	SEPTEMBER 17 - OCTOBER 10
OCTOBER 6	OCTOBER 15 - NOVEMBER 7
NOVEMBER 3	NOVEMBER 12 - DECEMBER 5* No Class November 28
DECEMBER 1	DECEMBER 10 - JANUARY 2* No class December 24

Fee: \$25 per four-week class

Classes marked * are prorated to \$22.

Registration: Via ActiveNet (additional fees apply)

Questions: Call 949-597-4284 or email assistant.fitness@vmsinc.org



Laguna Woods Village®

CLUBHOUSE 1 CIRCUIT CLASSES

TUESDAYS AND THURSDAYS

5 - 6 p.m. and 6 - 7 p.m. (four weeks)

REGISTRATION BEGINS AT 8 AM	SESSIONS
DECEMBER 30	JANUARY 7 – JANUARY 30
JANUARY 27	FEBRUARY 4 – FEBRUARY 27
FEBRUARY 24	MARCH 4 – MARCH 27
MARCH 24	APRIL 1 – APRIL 24
APRIL 21	APRIL 29 – MAY 22
MAY 19	MAY 27 – JUNE 19
JUNE 16	JUNE 24 – JULY 17
JULY 14	JULY 22 – AUGUST 14
AUGUST 11	AUGUST 19 – SEPTEMBER 11
SEPTEMBER 8	SEPTEMBER 16 – OCTOBER 9
OCTOBER 6	OCTOBER 14 – NOVEMBER 6
NOVEMBER 3	NOVEMBER 11 – DECEMBER 4* No class November 27
DECEMBER 1	DECEMBER 9 – JANUARY 8** No class December 25 and January 1

Fee: \$25 per four-week class

Class marked * is prorated to \$22; class marked ** is prorated to \$19.

Registration: Via ActiveNet (additional fees apply)

Questions: Call 949-597-4284 or email assistant.fitness@vmsinc.org