

National Council of Jewish Women

Saddleback Tidings

Saddleback Section, National Council of Jewish Women

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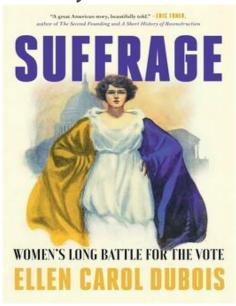


National Council of Jewish Women Saddleback section presents

Friday April 9, 2021 ZOOM meeting 10:00am

(The Zoom link will be sent to all members. If you are not a member, contact Sharon Beck by email with your name and email address)

When Will We Succeed With the Equal Rights Amendment?



Come hear the story of the activists who struggled to win the vote for women.

Ellen DuBois, professor (emeritus) of history at UCLA, a prolific writer who wrote numerous books tracing the history of feminism and suffrage will speak on the subjects.

For ZOOM access: Sharon Beck morshar2@yahoo.com

Questions about the program: Lisa Michaels (949) 472-1102

NCJW Officers 2020-2021

President- Sharon Beck

First Vice President- Julie Neilson

Recording Secretary- Ilene Oller with an alternate

Corresponding Secretary- Barbara Landsman

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Mission Statement

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms.

President's Message

By Sharon Beck, President



Happy Passover to all who celebrate it. It will be different again this year with the inability to have large family gatherings but should allow small groups to dine together. So I hope you enjoy.

This month we focused on Education and Empowerment of Women

We had speakers from Human Options and Global Hope 365 who talked about prevention of armful practices towards women and children. They discussed child marriages, human trafficking and other forms of gender based violence. If you missed this program, please let me know and I can send you the recording.

Next month there will be a program on ERA. See flyer.

This month we will form a nominating committee. Please let me know if you would like to serve on the board. I am sure I can match you up with a position using your talents and interests. An organization needs workers as well as members. Make this year, the year that you volunteer. Please let me know if there is a topic or event that you would like to see as a program. Lisa Michaels and Eileen Ettinger have been working hard to find new program ideas.

Make it a practice to go to the NCJW web site so that you can know where to focus your energy on important current legislation

Below you will find the top priorities for NCJW Take time and find out how you can help.

I am always available for a call and I would love to hear from you as I miss seeing you

949-380-1018

The Israelis do not make islands in the shape of palm trees, nor towering skyscrapers, nor expensive hotels, nor do their leaders use cars with massive silver bodies.

The pride of the State of Israel is that soon its technologies will be able to be used by all humanity:

- 1. Tel Aviv University is developing a nasal vaccine that will protect people from Alzheimer's and stroke.
- 2. The Technion, Institute of Technology (Haifa), has developed a simple blood test capable of detecting different types of cancer.
- The Ichlov Center (Tel Aviv) isolated a protein that makes colonoscopy unnecessary to detect colon cancer, with a simple blood test. Colon cancer kills about 500,000 people annually.
- 4. Acne doesn't kill anyone, but it does cause anxiety and dissatisfaction in teens. The Curlight Laboratory has created a cure by emitting UV rays - high intensity, which kills the bacteria that cause acne without generating additional complications.
- 5. The Given Imaging Laboratory has developed a tiny camera in the form of swallowed pills and transmits thousands of photos of the digestive tract. These high-quality photos (2 per second for 8 hours) can detect polyps, cancers, and sources of bleeding. The photos are sent to a chip that stores them and sends them to a computer. At the end of the process, the chamber is eliminated via the rectum.
- 6. The Hebrew University (Jerusalem) developed an electrical neurostimulator (batteries) that is implanted in the chest of Parkinson's patients, similar to the pacemaker. The emissions from this device block the nerve signals that cause tremors.
- 7. The simple smell of a patient's breath can detect if a patient has lung cancer. The Russell Berrie Institute for Nanotechnology has created sensors capable of sensing and registering 42 biological markers that indicate the presence of lung cancer without the need for a biopsy.

- 8. Catheterization can be dispensed with in many cases. Endopat is a device placed between the indicator fingers, which can measure the state of the arteries and predict the possibility of a heart attack in the next 7 years.
- 9. The University of Bar Ilan studies a new drug that fights viruses through the bloodstream. It is called Vecoy Trap, as it tricks a virus into self-destruction. Very useful to combat hepatitis, and in the future Aids and Ebola.
- 10. Israeli scientists at Hadassah Medical Center (Jerusalem) may have discovered the first cure for amyotrophic lateral sclerosis, known as Lou Gehring's disease, in an Orthodox rabbi. Stephen Hawking a famous British scientist, suffered from this disease and used methods invented by Israeli scientists to communicate.

The world does not live on bad news alone. Information like this is what is missing and must be disclosed!



President Joseph Biden	Phone Website	202-456-2461 President.whitehouse.gov		
U.S. Senator Alex Padilla	Phone Phone Website	202-224-3553		
U.S. Senator Dianne Feinstein	Phone Phone Website	310-914-7300 L.A		
U.S. Rep Katie Porter 45th District	Phone Phone Website	202-225-5611 porter.house.gov		
Governor Gavin Newsom	Phone	916-445-2841		
	Website	Gov.ca.gov		
State Senate John Moorlach 37th District	Phone Phone Website	714-662-6050		
State Assembly Cottie Petrie-Norris 74th District		Phone Phone Website	949-251-0074	

At our March 12th meeting the issues of Elder Abuse and Domestic Violence were discussed.

If you need help, call
The National Domestic Violence Hotline
1 (800) 799-7233

ACT

Please take the time to go to ncjw.org. The importance of the ACT (Action) button on the ncjw. org web site cannot be stressed enough. When clicking on the orange rectangular box it will bring you to "Take Action" and if you scroll down you can find at least a dozen things you can do to help in areas that are part of our mission statement. You may sign petitions and send messages to our Senate and House members from California. Counts are taken to see how strongly their constituents feel about a particular topic or bill. Since we are 90,000 members strong all across the USA, our voices will be heard loud and clear.

Tribute Cards

Tribute cards can be purchased through Judy Levyotnj@aol.com; 201-446-4378

May Their Memory Always Be A Blessing

Fran Baum-Jeanne Stieglitz Joanne Emmerich

Community Services

Reminder: please don't bring clothing to the meetings. Call the chairpeople to make arrangements.

Friendship Shelter

Chair: Bobby Rosenfeld 583-1895 Bed linens, towels, blankets and unopened toiletries.

Laura's House (for abused women and children)

Chair: Linda Berkowitz 859-2775 Gently used clothing and household goods Laura's House Resale Store

SOS

Chair: Diane Levin 380-1179
Unopened toiletries,
baby clothes, and children's books and games.

South County Outreach

Chair: Clothing and household items.

Meals On Wheels

Chair: Chris Schecter Drivers needed for one and a half hours each month to deliver meals within Laguna Woods Village.

MOMS Orange County

Chair: Ginny Frogel 858-220-4617