## The Fit Brain Club of Laguna Woods Village Interested in Healthy Aging?

Join us for our monthly meetings as various guest speakers present on topics related to brain health, memory, planning for the future, and more!

The Fit Brain Club meets every 2nd Monday at 10 am.

May 8, 2023

The Other Dementias Dr. Brian Hitt, MD, PhD UCI Health



Come hear from Dr. Brian Hitt, board-certified UCI Health behavioral neurologist, as he discusses non-alzheimer dementias. Bring your questions!

24232 Calle Aragon Laguna Woods, CA 92637 Clubhouse 1, Art Room (Enter Gate 1 from El Toro)

Light refreshments provided by: Adapt21t Home Medical Supply





Helpline 844-373-4400

For more information, contact: Mary Grace Carponter <u>carpenter41mg@gmail.com</u> The fit Brain Club of Laguna Woods Village, with the help of Alzheimer'z Orange County, brings information to others about Alzheimer's and

about keeping the mind and body healthy.

Visit lagonawoodsvillage.com/amenities/clubs/fit-brain-club for more info,

For Laguna Woods Village Residents and their guests.