

The Fit Brain Club of Laguna Woods Village

Interested in Healthy Aging?

Join us for our monthly meetings as various guest speakers present on topics related to brain health, memory, planning for the future, and more!

The Fit Brain Club meets every 2nd Monday at 10 am.

March 13, 2023

Legal Rights of Older Adults

Karen Rossi
Senior Protection Program | Council on Aging



Morgan Padgett
Staff Attorney | Consumer Law Unit, Public Law Center

Join us to discuss laws that protect older adults, what laws can do, how laws work, who/what is protected, abuse red flags, planning for incapacity, reporting abuse, and available resources.

24232 Calle Aragon
Laguna Woods, CA 92637

Clubhouse 1, Art Room
(Enter Gate 1 from El Toro)

Light refreshments provided by:
Adapt2It Home Medical Supply



Alzheimer's
ORANGE COUNTY

Helpline 844-373-4400

For more information, contact:

Mary Grace Carpenter carpenter41mg@gmail.com

The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit <https://www.fitbrain.us/> for more information.

For Laguna Woods Village Residents and their guests.

