



Laguna Woods Village®

## Prepare a Disaster Supply Kit

Minimum number of supplies:

- **WATER:** One gallon per person per day
- **FOOD:** At least three-day supply of nonperishable packaged food, canned foods, can opener, food bars
- **MEDICATIONS:** Prescription and over-the-counter medicine
- **EYEGASSES:** Store an extra pair
- **PORTABLE BATTERY PACKS AND PHONE CHARGER:** Chargers for electronic devices such as lights, radios, laptop, phone chargers for smartphones/cellphones
- **RADIO:** Battery powered is best, extra batteries or a windup radio
- **LIGHTS:** Flashlights and extra batteries, light sticks
- **NOISE MAKER:** Whistle is best or anything that can be heard from a distance
- **CLOTHES:** Change of clothes, shoes
- **HYGIENE:** Toothbrush, toothpaste, soap, wash cloth, towel, toilet paper, tissues, sanitizing wipes, gloves, comb, hairbrush
- **TOOLS:** Pocketknife, multi-tool device
- **MONEY:** Small denominations, such as \$1, \$5, \$10 and \$20 bills