

OPTIMAL AGING LECTURE SERIES

PILLS, PROBLEMS & MULTIPLE MEDICATIONS, OH MY!

WEDNESDAY, JULY 6 | 2 - 3:30 P.M. | CLUBHOUSE 2 | SEQUOIA BALLROOM

While medications certainly keep us healthy, polypharmacy or combining supplements, over the counter, and prescription medications can lead to significant health challenges. Learn from a top geriatric medicine pharmacist from UC Irvine's Senior Health Center about how to balance medications and supplements to promote optimal aging.



Tatyana Gurvich, BCGP, PharmD, is an assistant professor at USC School of Pharmacy. For nearly three decades, she has developed geriatric pharmacology curricula for pharmacy and medical students and residents and has fostered interprofessional collaboration between physicians and pharmacists. Since 2007 she has been working in an interdisciplinary geriatric practice at UCI Medical Center in collaboration with USC School of Pharmacy, where she helps manage complex geriatric patients with multiple comorbidities.


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 Division of Geriatric Medicine
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CONTACT SOCIAL SERVICES AT 949-597-4267 FOR MORE INFORMATION