

OPTIMAL AGING LECTURE SERIES

WHAT EVERYONE SHOULD KNOW ABOUT OVER-THE-COUNTER MEDICATIONS

- Discuss treatment options for common self-treated conditions
- Compare and contrast OTC treatment options with respect to older adults
- Discuss the safety and efficacy of supplements and OTC products for older adults
 - Learn how to safely use OTC medications

Guest lecturer Tatyana Gurvich, BCGP, PharmD, an expert in geriatric pharmacotherapy, is an assistant professor at USC School of Pharmacy. For nearly three decades, she has developed geriatric pharmacology curricula for pharmacy and medical students and residents and has fostered interprofessional collaboration between physicians and pharmacists. Since 2007 she has been working in an interdisciplinary geriatric practice at UCI Medical Center in collaboration with USC School of Pharmacy, where she helps manage complex geriatric patients with multiple comorbidities.

THURSDAY, APRIL 6 • 2:30 - 3:30 PM • CLUBHOUSE 7 • NO REGISTRATION REQUIRED


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 UCI Division of Geriatric Medicine
and Gerontology



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