

# VILLAGE BREEZE

MARCH/APRIL 2023



Recreation + Transportation + News + Services + More



# Learn the Latest Developments in Cancer Prevention & Detection

Monday, March 27, 5:30 – 7 p.m.

24112 Moulton Pkwy, Clubhouse 2

*For Laguna Woods Village Residents*

Join a panel of oncology specialists from MemorialCare Saddleback Medical Center for a discussion on the prevention, detection and treatment of cancer.

You will also have the opportunity to ask questions and receive answers from the physicians.

**Light refreshments will be offered prior to the lecture from 5:30 – 6 p.m.**

**We will be raffling off two \$25 gift cards to ALDI for those in attendance.**

Please RSVP to Jessica Sanders at (949) 452-3791 or visit [memorialcare.org/LWVoncologyevent](http://memorialcare.org/LWVoncologyevent).



Ledford Powell, M.D.  
*Thoracic Surgeon*



Jack Jacoub, M.D.  
*Medical Oncologist*



Amy Bremner, M.D.  
*Breast Oncology Surgeon*



Daniel Su, M.D.  
*Urologic Oncology Surgeon*

## Event Schedule

5:30 p.m. Reception with refreshments

6 p.m. Presentations

6:45 p.m. Q&A



## LETTER FROM THE EDITOR

# ART AFFAIR IN THE VILLAGE

Experience our own breathtaking gallery, courtesy of the talents of Laguna Woods Art Association artists.

Village residents and their friends and guests are cordially invited to visit the Laguna Woods Community Center to enjoy the 2023 Laguna Woods Art Association exhibit. In this very special, highly regarded and much-anticipated show, Laguna Woods Art Association members who manifest their creative visions in the Clubhouse 4 art studio share the fruits of their talents, passions and joys with the community.

Whether created in acrylic, mixed media, oil, watercolor or other medium, or whether the works are of spectacular nature, a place in time, a calming still life, a bold statement, a fascinating curiosity or pensive individuals, each is sure to inspire, engage, captivate, charm, amuse, provoke or affect in some way.

More than 150 pieces of artwork are displayed along all first- and third-floor hallways and alcoves of the Community Center. Ask concierge desk staff for the exhibition flyer featuring additional details about the show, including how to purchase art directly from the artists.

Welcome to the 2023 Laguna Woods Art Association exhibit; take your time to enjoy it and the stunning talents it displays.

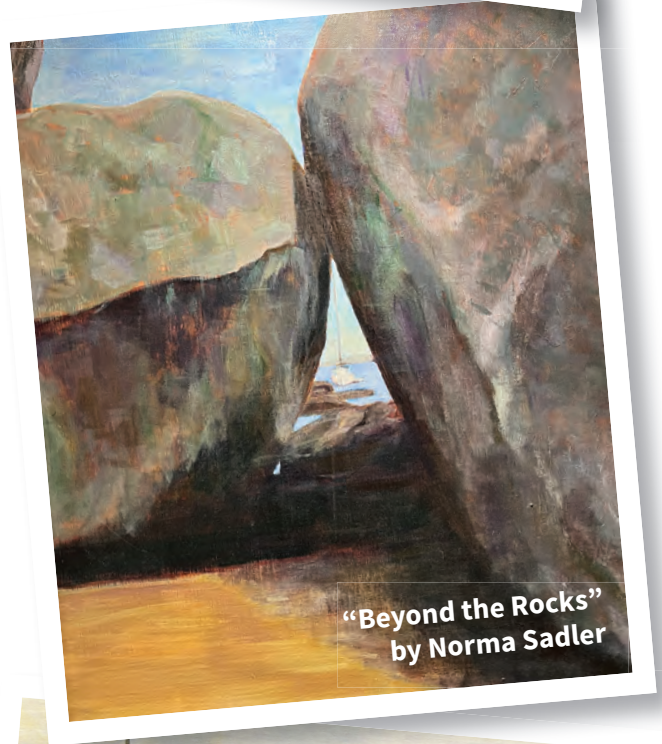
*Ellyce*

**Ellyce Rothrock, Editor**

[ellyce.rothrock@vmsinc.org](mailto:ellyce.rothrock@vmsinc.org)



**"Cholla Flower"**  
by Kris De Young



**"Beyond the Rocks"**  
by Norma Sadler



**"Seascape"**  
by Trudy Lee





Mark Rabinowitch



CherrieH amilton



Mark Rabinowitch

# features

## 12 Good for What Ails You

*Few things in life nourish the soul better than the love and companionship of a pet.*

BY JENNIFER KARMARKAR



PAGE 12

## 16 Rock On!

*Homegrown bands form the heart and soul of the Village music scene.*

BY JENNIFER KARMARKAR



PAGE 16

## 20 Community Connected

*The Foundation of Laguna Woods Village, Jewish food festival, resident honored and more*



PAGE 20



Every Village Breeze edition is paid for through a partnership with MemorialCare.

Cover photo, "Spanish Lighthouse," is by Marianne Champlin



# VILLAGE BREEZE

THE OFFICIAL MAGAZINE OF  
LAGUNA WOODS VILLAGE

MARCH/APRIL 2023

CEO: Siobhan Foster  
PUBLISHER: Eileen Paulin  
EDITOR: Ellyce Rothrock  
MANAGING EDITOR: Susan Logan-McCracken  
VICE PRESIDENT, MEDIA SERVICES 55,  
SALES & MARKETING: Jon Noell

ADVISORY BOARD: Golden Rain Foundation Media and Communications Committee: Elsie Addington, Margaret Bennett, Maggie Blackwell, James Cook, Anthony Liberatore, Joan Milliman (chair) and Cris Prince; advisors: Catherine Brians, Theresa Frost, Tom Nash, Carmen Pacella and Lucy Parker; alternates: Deborah Dotson, Peter Sanborn and Moon Yun

BOARD PRESIDENTS: Bunny Carpenter, GRF Board of Directors; Mark Laws, Third Laguna Hills Mutual Board of Directors; Lenny Ross, United Laguna Woods Mutual Board of Directors; Sue Stephens, Mutual No. Fifty Board of Directors

VILLAGE BREEZE MAGAZINE: Published six times a year by the Golden Rain Foundation (GRF) of Laguna Woods Village. ©2023 GRF. The diverse opinions expressed in Village Breeze magazine do not necessarily represent the views of the editors, Village Management Services Inc. management or administration, the GRF Board of Directors or the Village Breeze Advisory Board. Village Breeze magazine welcomes comment from its readers to [info@lagunawoodsvillage.com](mailto:info@lagunawoodsvillage.com) or Village Breeze, 24351 El Toro Road, Laguna Woods, CA 92637.

EDITORIAL SUBMISSIONS: Village Breeze content is generated by the GRF Media and Communications Committee, its advisors and the Village Management Services editorial team. The purpose of this publication is to provide important community information in a concise format to the Residents of Laguna Woods Village. A digital edition is available at [lagunawoodsvillage.com](http://lagunawoodsvillage.com).

Unsolicited manuscripts and content suggestions are welcome for possible future use in the Village Breeze or other VMS publications. Acknowledgement of unsolicited manuscripts is in no way a suggestion or guarantee of publication.

Submit concise editorial ideas as a one-page letter accompanied by recent writing samples to [info@lagunawoodsvillage.com](mailto:info@lagunawoodsvillage.com) or to Village Breeze, 24351 El Toro Road, Laguna Woods, CA 92637. Include your full name, phone number, email address and manor number. To receive a copy of the Laguna Woods Village Style Guide and editorial guidelines, email [info@lagunawoodsvillage.com](mailto:info@lagunawoodsvillage.com).

Submissions will not be returned.

Village Breeze reserves the right to edit any and all content for clarity, accuracy, space and tone and correct grammar, spelling and usage.

Only Village Breeze staff and its advisors prepare and assign editorial content. No contributor or agent may promise content, or content placement within Village Breeze, to any individual, group, business, organization or entity.

## departments

- 4 What's Up in the Village
- 24 We Hear You
- 26 Security
- 30 General Services
- 31 Social Services
- 32 Recreation
- 56 Then & Now

## from the Village Boards

REPORTS, NEWS AND UPDATES FROM YOUR BOARDS OF DIRECTORS

- 44 Golden Rain Foundation of Laguna Woods
- 46 Third Laguna Hills Mutual
- 49 United Laguna Woods Mutual
- 53 Village Management Services



## in every issue

KEYS TO THE COMMUNITY

- 28 Village Map





## WHAT'S UP IN THE VILLAGE



# DON'T MISS THE MARCH HEALTH AND WELLNESS EXPO

The 2023 Village Health and Wellness Expo will take place at Clubhouse 5 on Saturday, March 25, from 10 a.m. to 2 p.m. Department of Recreation and Special Events staff will be on hand to promote upcoming classes and events, sponsors will host booths and much more!

Expo admission is free. Complimentary food and sponsor giveaways will be available while supplies last. Attendees who secure sponsor initials on their "sponsor passport" can turn in their document for raffle prizes.



# ONLY RAIN GOES IN THE DRAIN

Runoff violation spotted in the Village by county officials

In December, the County of Orange contacted Laguna Woods' trash hauler, CR&R, to notify them of "outfall," or polluted runoff, near Aliso Creek in the Village that county inspectors believe was paint.

By practicing healthy household habits, homeowners can keep common pollutants off the ground and out of storm drains. Many hazardous materials that may be used in and around residences during routine household activities include:

- Oils
- Paints
- Cleaners
- Bleaches
- Pesticides
- Glues
- Solvents

Adopt these healthy household habits to keep storm drains and the ocean clear of polluted runoff:

- Clean out painting equipment in an area where the waste can be contained and disposed of properly. Latex-based paints can enter the sewer while oil-based paint needs to be brought to a hazardous waste center.
- If safe, contain cleanup and properly dispose of all hazardous waste spills. If unsafe conditions exist, call 911 to activate a proper response team.
- Household hazardous materials must be stored indoors or under cover, and in closed and labeled containers. Dispose of them at a household hazardous waste center.
- Household wash waters (e.g., washing machine waste, mop water) must be disposed of in the sanitary sewer.
- Only purchase the types and amounts of materials needed.
- Share unused portions of products with neighbors or community programs.



# WHO TO CALL AFTER HOURS

Security will assign the right resources to address your issue.

If you experience an issue at your manor (leak, backup, etc.) during normal business hours from 8 a.m. to 5 p.m. Monday through Friday, call Resident Services at **949-597-4600**.

However, if you're experiencing an issue after hours or on a weekend or holiday, please call the Department of Security Services at **949-580-1400**—staff will assign the right resources to address your issue.

Find frequently called Laguna Woods Village phone numbers at [lagunawoodsvillage.com/contact](https://lagunawoodsvillage.com/contact).

In the event of a life-threatening emergency, dial **911**.



## CITY COUNCIL CONCEPTUALLY APPROVES NEW FIRE STATION

At the regular meeting on September 21, 2022, the Laguna Woods City Council conceptually approved, in non-binding concept, a series of actions that, if implemented, would result in the long-term lease of approximately 0.32 acres of the 0.56-acre City Centre Park property for use as a new Orange County Fire Authority fire station. The actions are contingent on several factors, including approval by the State of California and final approval by both the city council and Orange County Fire Authority Board of Directors.

“The city shares the Orange County Fire Authority’s interest in improving response times by bringing an additional fire station to Laguna Woods. While much work remains to be done to make a new fire station a reality, the city council’s conceptual approval moves us closer to that goal,” said Laguna Woods City Manager Christopher Macon. “This is an opportunity for the city to partner with the Orange County Fire Authority to both improve public safety and enhance the portion of City Centre Park that would remain.”

According to analysis by the Orange County Fire Authority, a new fire station at the City Centre Park property would most significantly improve response times in the areas of Laguna Woods west of Moulton Parkway, although benefits would extend citywide. Notable improvements would be seen in Laguna Woods Village gates 8, 9, 10 and 11, including The Towers at Laguna Woods Village. Laguna Woods’ existing fire station—Station 22 on Paseo de Valencia—would continue to operate.

Due to the number and complexity of actions required before final approvals are possible, the earliest that construction might potentially begin on a new fire station is anticipated to be fiscal year 2024-25 (July 1, 2024 - June 30, 2025).





## WHAT'S UP IN THE VILLAGE



# ALWAYS CARRY YOUR VILLAGE ID

### And gain easy access to any GRF facility

Please be sure to bring your Village ID card with you to any GRF event or facility, including the fitness centers and the table tennis room on the Community Center's third floor, as well as for entry through Village gates if you do not have an RFID affixed to your vehicle. Please note that entry through Gate 12 requires residents to show Village ID.



# MARCH IS SOCIAL WORK MONTH

Trained to help people overcome life's challenges, social workers enrich lives and communities.

Social Work Month every March is a time to celebrate the great profession of social work. The theme for Social Work Month this year, "The Time is Right for Social Work," highlights how social workers have enriched our society for more than a century and how their services continue to be needed today.

Social workers are trained to help people address personal and systemic barriers to optimal living and work to effect positive change with individuals, families, groups and entire communities. In short, social workers help people get the care they need.

During Social Work Month, take time to learn more about the many positive contributions of the profession. Visit the National Association of Social Workers at [helpstartshere.org](https://www.helpstartshere.org) for more information.

Laguna Woods Village Social Services has served residents since 1972. Social work counselors are available for short-term counseling, long-term care planning and resource referrals. Contact Social Services if you are:

- Grieving the loss of a loved one
- Caring for an ill or aging relative
- Coping with a life changing diagnosis
- Making long-term care arrangements
- Feeling overwhelmed and stressed
- In need of assistance in your home

To learn more about the Village's own Social Services Division, visit [lagunawoodsvillage.com/residents/social-services](https://lagunawoodsvillage.com/residents/social-services). To speak to someone about short-term counseling, crisis intervention, support groups, educational programs, long-term care planning and resource referrals, call [949-597-4267](tel:949-597-4267).



# TV6 WEEKLY FEATURED MOVIES

Enjoy great entertainment  
from the comfort of your home.

Be sure to tune in to Village Television (TV6) for special movie feature presentations. Movies screen at 2 and 6 p.m. Closed captioning is available for all showings. Find all movie listings at [bit.ly/324BJFf](http://bit.ly/324BJFf). Learn more about Friday Films at [bit.ly/3RTuxSL](http://bit.ly/3RTuxSL). To learn more about TV6, visit [lagunawoods.village.com/amenities/media-services/village-television](http://lagunawoods.village.com/amenities/media-services/village-television). Every Friday, the Village's digital newsletter, "What's Up in the Village," lists upcoming featured movies, along with movie synopses, featured casts and links to previews.

## H<sub>2</sub>OC HELPS PROTECT COUNTY WATER RESOURCES

H<sub>2</sub>OC cooperative stormwater program includes all 34 cities in Orange County, the County of Orange and the Orange County Flood Control District provides resources to residents to encourage personal action and prevent polluted runoff from entering our waterways. For more information about proactive home care to prevent polluted runoff, visit [bit.ly/3i7xSpY](http://bit.ly/3i7xSpY). If you witness a violation, reach out to the county's 24-hour pollution reporting hotline: **877-89-SPILL (1-877-897-7455)**.



**MemorialCare**<sup>™</sup>

## Get the Most Out of Medicare

### Join a Medicare 101 class.

Not sure which Medicare plans and options are the best for you or a loved one? MemorialCare is here to help! Attend one of our complimentary classes to learn about:

- Original Medicare
- Medicare Advantage plans
- Prescription drug plans
- Medigap plans
- Eligibility guidelines
- Coverage options
- How to apply for Medicare
- And more!

Learn more and see a list of class dates and times at [memorialcare.org/MCEvents](http://memorialcare.org/MCEvents).



## WHAT'S UP IN THE VILLAGE



# PROTECT YOUR PETS IN THE VILLAGE

Take the following steps to  
protect your pets from coyotes.

- Leave a comfortable distance between you and coyotes; they will display defensive behaviors if threatened or cornered
- Increase the distance between you and a coyote if you do encounter one that behaves aggressively (you're probably too close to its prey or family)
- Don't ever feed coyotes (or any wild animal—it's illegal in California and prohibited in the Village)
- Eliminate potential food and water sources, such as fallen fruit and standing water
- Feed pets indoors
- Keep cats and small dogs indoors or supervise closely when outdoors
- Do not use retractable leashes for walking dogs
- Store trash in covered heavy-duty containers
- Keep yard areas and patios free from becoming potential shelter, such as thick brush and/or weeds

## SIGN UP FOR IMPORTANT INTEL

If you want to be in the know about what's going on in Orange County, there are two easy ways to keep up to date on breaking news and alerts.

Sign up for social media alerts from the Orange County Sheriff's Department at [ocsheriff.gov](https://ocsheriff.gov). Visit [facebook.com/OCSheriff](https://facebook.com/OCSheriff) to view OCSD's Facebook page; visit [twitter.com/OCSheriff](https://twitter.com/OCSheriff) to view OCSD's official Twitter page, where you can also follow specific patrols under "You might like."

Receive local alerts by visiting [AlertOC.com](https://AlertOC.com) to register your cell phone number(s), text number(s) and email addresses. AlertOC is a critical link for residents and businesses to immediately learn of any required actions.

If any kind of incident occurs that is related to the Village, OCSD contacts VMS Security Dispatch, VMS Security Chief Eric Nuñez receives the call and executive management takes necessary action at that time if appropriate, including issuing a Village-wide CodeRED alert.



# SIMPLE WAYS TO STAY INFORMED

## How to participate in board and committee meetings

Attending open board and committee meetings is a great way to stay informed and participate in your community. Attend meetings in person, watch them online via Granicus or Zoom, and view live and recorded board meetings on TV6.

The GRF, United and Third boards meet the first, second and third Tuesday (respectively) of each month at 9:30 a.m. View the board and committee meeting schedule at [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > [Calendars](#) > [All Governance Boards Calendar](#) (sometimes referred to as TeamUp). All meetings are subject to change; ending times are approximate.

### BOARD AND COMMITTEE MEETINGS IN PERSON

Attend open meetings held in the Community Center board room at 24351 El Toro Road and speak about topics not on the agenda during the open forum



or about agenda items during the corresponding portion of the meeting. Members who wish to speak may fill out a card and turn it in to the corporate secretary basket located at the dais. Member comments are limited to three minutes.

### BOARD AND COMMITTEE MEETINGS VIA GRANICUS

Visit [lagunawoodsvillage.com/meetings](http://lagunawoodsvillage.com/meetings) to watch board and committee meetings online via Granicus. Meetings are listed by date, with the most recent at the top. Click Video to watch the meetings and view agenda documents, or click Agenda to see the documents and backup materials. Viewers also can locate agenda items by typing keywords into the Search box.

Members also are invited to submit comments by emailing [meeting@vmsinc.org](mailto:meeting@vmsinc.org) any time before or during the meeting. Include your name, unit number and the meeting on which you're commenting in the email subject field.

### BOARD AND COMMITTEE MEETINGS VIA ZOOM

Zoom allows attendees to virtually raise their hand, ask questions and speak to board and committee members in real time.

To attend virtual board or committee meetings, look for the Zoom meeting link in the Open Forum section of the respective board or committee agenda posted to [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > [Calendars](#) > [All Governance Boards Calendar](#). Click on the link a few minutes prior to the meeting to launch Zoom. Then select Open Zoom Meetings and Launch Meeting when prompted. No password or registration is required.

Members who wish to speak during the member comment agenda item may use the Raise Hand button on the Zoom screen. The corporate secretary will then enable members to speak in the order in which they have raised their hand.

### BOARD MEETINGS ON VILLAGE TELEVISION

The GRF, United and Third monthly board meetings are aired live on Village Television on the first, second and third Tuesdays (respectively) at 9:30 a.m. All board meetings are replayed on TV6 the following Thursday at 1:30 p.m. as well as the following week on Wednesday at 6 p.m.



## WHAT'S UP IN THE VILLAGE



### MOISTURE DETECTORS HELP ARREST LEAKS

Water leaks and moisture intrusion can be devastating to you and your neighbors.

Inexpensive moisture detectors, available at most large hardware stores and online for between \$10 and \$80, emit an audible alarm as soon as a leak develops.

To help catch water leaks and avoid moisture intrusion events, install moisture detectors at the backs of toilets, under kitchen and bathroom sinks, near refrigerator ice makers and under hot water heaters. Also, special plates placed under hot water heaters catch leaks, and special devices shut off the water and electricity to the tank when a leak is detected.

Call Resident Services immediately at **949-597-4600** if you notice a leak. Call Security at **949-580-1400** after hours and on weekends.



# FIRE UP THE GRILL—SAFELY

Warmer weather is coming our way, and with balmy temps come outdoor BBQ grilling. To ensure safety for all Village residents, be aware of the BBQ grill use regulations below:

#### ALLOWED

- Electric grills
- Propane grills with a container capacity of no more than 2.5 pounds
- Grills that are stored in a safe manner and do not obstruct walkways

#### NOT ALLOWED

- Use of grills on balconies and decks
- Use of grills within 10 feet of buildings or combustible material
- Propane grills with a container larger than 2.5 pounds (an adapter can be purchased to convert to the smaller tank)
- Use of a grill that creates a nuisance (excessive smoke or odor) to neighboring units

## BROWSE IN YOUR NATIVE TONGUE

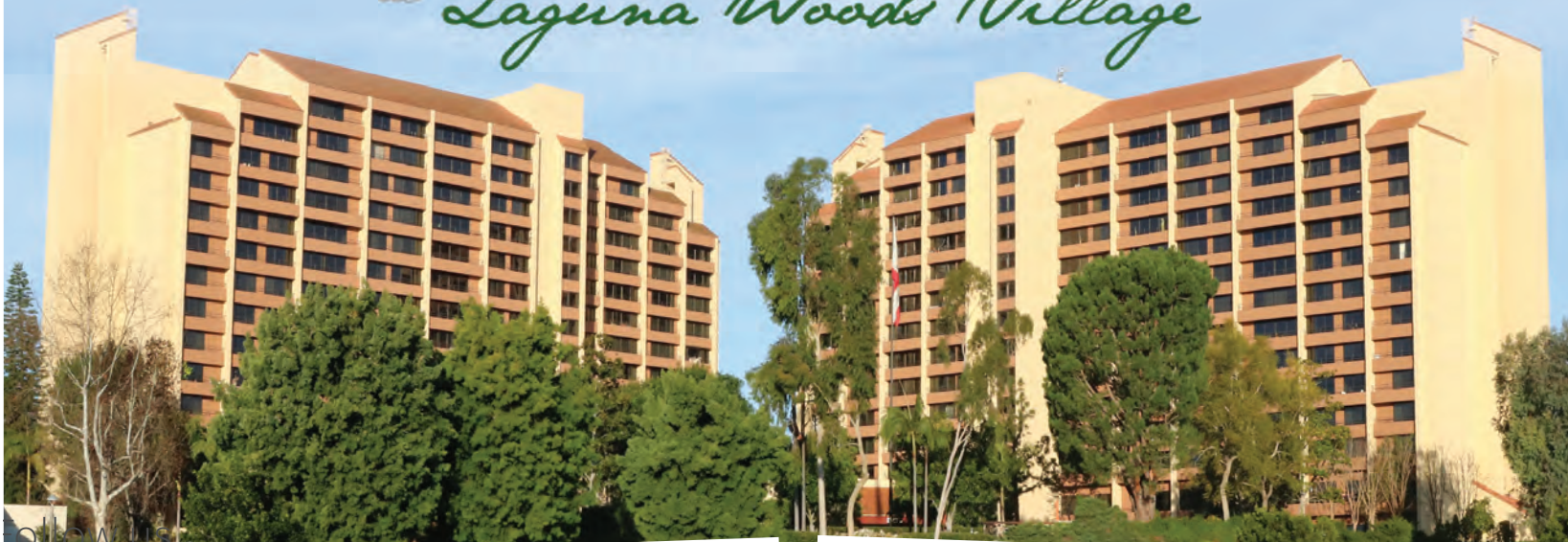
Did you know that translating a website to the language of your choice is as easy as one, two, three, four five? Google Translate makes this service available for free. Follow these steps:

1. Type Google Translate into your browser's search bar and select <https://translate.google.com>.
2. Set the original language to "Detect language."
3. Click the "Websites" button at the top.
4. Enter a URL in the "Website" field.
5. Click "Go" or the blue right-arrow button and, voilá, your translated website will open up in a new window.



# THE TOWERS

*at Laguna Woods Village*



## AFFORDABLE, INDEPENDENT 55+ SENIOR LIVING INCLUDES

Nightly dining service • All utilities except telephone • 24-hour front desk • Housekeeping services

24-hour on-site maintenance • Free laundry facilities on each floor

Weekly fitness, movies, bingo, entertainment and more

Free bus service at the front door to seven Village clubhouses, nearby stores and medical facilities

---

Schedule a tour today to see our condominium purchase or lease options

Realtors welcome



Visit [TheTowersatLagunaWoodsVillage.com](https://www.thetowersatlagunawoods.com)

Follow us   

---

24055 PASEO DEL LAGO WEST • LAGUNA WOODS, CA • 92637 • 949-597-4278



# GOOD FOR WHAT AILS YOU



Few things in life nourish the soul better than the love and companionship of a pet.

BY JENNIFER KARMARKAR

**A**sk any pet parent and they will likely tell you their companion is the perfect friend: loyal, loving and always happy to lend a friendly ear.

Scientific research increasingly shows interaction with pets as a key component to better health and well-being in older adults. A peer-reviewed study cited by the National Institutes of Health found pet ownership has been associated with improved cardiovascular health, lower levels of stress and anxiety, reduction in loneliness and higher levels of life satisfaction.

A University of Michigan poll on healthy aging found that about 55% of older adults own a pet. The poll results also showed that “their pets help them enjoy life (88%), make them feel loved (86%), reduce stress (79%), provide a sense of purpose (73%) and help them stick to a routine (62%).”

Laguna Woods Dog Club president Ron Drauden lauds the socialization aspect of having a pet, noting that having a dog is a great way to meet others with similar interests.

“I meet a lot of people at the dog park in Laguna Woods, and we’ve become good friends,” Drauden said. “Many of them also join the Laguna Woods Dog Club.”

Drauden himself decided to get a dog on the advice of his physician to get more exercise. He walks his papillon mix, Gracie, several times a day and visits the dog park regularly.

“I lost weight, and it was a big improvement in my health,” he said.

## **THINGS TO CONSIDER**

Given the myriad benefits, adopting a pet might be the



prescription for a healthier lifestyle. Here are some things to think about before bringing a new pet into your home.

- **Energy level:** It's important to choose a pet that matches your energy level, said Ariel Dengrove with Best Friends Animal Society/Los Angeles, a pet rescue and advocacy organization. "If you're a more sedate person you want a pet that's going to be a couch potato with you; likewise, if you're active you'll want an active pet that enjoys opportunities to run and play. You need to think about what your lifestyle is and what's going to fit best into that lifestyle."
- **Size:** Small dogs are more suitable for seniors living in condos or apartments without much yard space. The smaller the dog, the easier it is to control; small dogs can fit in your lap, are easier to transport to the vet and are easier to bathe. About 85% of the dogs in Laguna Woods are less than 25 pounds, Drauden said. For those set on a larger

dog, he recommends a border collie or a standard poodle because they're intelligent and easy to train. Greyhounds are a great choice, too, he said, because, for a big dog, they are easy to handle.

- **Age:** Most older adults will do better with older pets. "Puppies are a lot of work, and if you're ready to put that work in, go for it; but if you want a couch potato, go for a dog 5 years or older," Dengrove said. "By that age, their personalities are set, and you know what you're getting." Potential pet owners also should consider their own age, she added. "It's important to think about what your plan is if you pass before your pet. Pets can live up to 20 years, so if you're in your 80s and getting a kitten, there's a good chance your cat is going to outlive you."
- **Temperament:** Most dogs can be raised to be friendly, but certain breeds are known for their gentle natures, including beagles, retrievers, poodles and bulldogs. It's helpful to spend time with the animal



**Beverly Elwell, president of the Laguna Woods Cat Club, shares her life with Caroline and Mindy.**

# CITY OF LAGUNA WOODS PET LAWS

- Every dog 4 months of age or older is required to be licensed by Laguna Beach/Laguna Woods Animal Services.
- A maximum combination of three cats and dogs, no more than two of which may be dogs, may be kept in any residence.
- Every dog 6 months of age or older must be spayed or neutered, certified sterile or licensed as an unaltered dog. Every cat 6 months of age or older must be spayed or neutered, certified sterile or meet unaltered cat requirements.
- For more specific pet ownership rules for Third Mutual, visit [bit.ly/3jVn2TX](https://bit.ly/3jVn2TX)
- For more specific pet ownership rules for United Mutual, visit [bit.ly/3i3Pxib](https://bit.ly/3i3Pxib).



Thanks to the Laguna Woods Cat Club, Villager Pat Wilkinson found Missy, who stole Pat's heart immediately.

before adopting and to ask the shelter about the animal's history in its previous home, Dengrove said.

- **Other considerations:** Think about what veterinarian care, grooming and food are going to cost, Dengrove said. And if you're adopting an older pet, there may be more vet visits, medications and prescription diets, which can put a dent in your wallet.

### **BEST BREEDS**

In addition to the aforementioned breeds, other ideal dog breeds for seniors include cavalier King Charles spaniel, Boston terrier, Maltese, Pembroke Welsh corgi, Pomeranian, pug, French bulldog and bichon frise, according to the website [greatseniorliving.com](http://greatseniorliving.com).

More important than the breed, however, is how well-matched the dog is to its owner.

"I think it comes down to the personality of the pet as well as the personality of the person to make sure they mesh well," Dengrove said.

Many shelters have a fostering program, Dengrove noted, which allows you to have the animal in your home without the commitment to adopt it.

"Fostering is a really great option, especially if you're not in a place to adopt," she said. "At Best Friends Animal Society, we take care of food and medical needs so all you have to do is give them a loving home."

### **WHAT ABOUT CATS?**

Maybe you've decided a cat suits your lifestyle better than a dog. You're not alone; according to the website [dogcentral.org](http://dogcentral.org), cats are estimated to be three times more popular than dogs as pets worldwide. As of 2012, in the U.S. there were about 74 million cats and 70 million dogs kept as pets.

"Cats are good pets for seniors because they prevent you from being lonely and isolated," said Beverly Elwell, president of the Laguna Woods Cat Club. "They add purpose to your life because they depend upon you—you have a reason to get up and about in the morning. You may be forced to get up at 5:30 a.m., but still, cats make you feel important."

How does one choose a cat? According to Elwell, the two most important factors are your age and your energy level.

"We try to provide a permanent home for the kitty through our adoption program, which means



the human, hopefully, outlives the cat,” she said.

The second, energy level, is equally important.

“The younger the cat, the more interaction it requires from you,” Elwell said. “It deserves to be played with, petted, groomed and joyfully loved and cared for. That takes energy and time.”

### **FINDING MISSY**

In 2016, after her husband passed, Villager Pat Wilkinson was overwhelmed with loneliness.

“I had no one to worry about, no one to take care of, and no one to talk to,” she said.

Early one morning she happened upon the Laguna Woods Cat Club website where she found Missy, a 7-year-old tuxedo with lovely black and white markings.

“I fell in love with her right away, and two days later brought her home,” Wilkinson said. “We’d had cats throughout our marriage, but not for many years.



**Gracie is Laguna Woods Dog Club president Ron Drauden’s best furry friend.**

So, it was a learning experience because she didn’t want any part of me for a while.”

With patience (and yummy treats), Wilkinson was able to win Missy over after a few weeks. Now, she can’t imagine life without her.

“Having a cat in the house allows me to talk to her anytime I want—tell her my problems—and feel so loved by hearing her call

out looking for me or just sitting there listening,” she said. “I have a little warm body sleeping next to me at night. What could be better than that?”

Wilkinson joined the Laguna Woods Cat Club shortly after adopting Missy and now helps promote the club’s foster and adoption program. For more information on the program, visit [lagunawoodscatclub.com](http://lagunawoodscatclub.com).

## **LEASHING DOGS IS LAW**

**Be sure to follow local and county ordinances regarding leash laws.**

It is illegal to let your dog roam—referred to as “running at large”—in most cities in California.

In Orange County, according to regulation OCCO 4-1-45, “No person owning or having charge, care, custody, or control of any dog shall cause or permit, either willfully or through failure to exercise due care or control, any such dog to be upon any public property unless such dog be restrained by a substantial chain, or leash not exceeding six (6) feet in length, and is under the charge of a person competent to exercise care, custody, and control over such dog.”

Designated dog parks throughout Orange County lawfully allow the absence of a leash. Laguna Woods’ dog park is located at 23190 Ridge Route Drive and is open from 7 a.m. to 7:15 p.m.; Laguna Beach’s dog park is located at 20672 Laguna Canyon Road and is open from 6 a.m. to 6 p.m. Hours may vary by season and on observed holidays.



Mark Rabinowitch

Homegrown bands form the heart and soul of the Village music scene.

BY JENNIFER KARMARKAR

**“THE TIMES THEY ARE A-CHANGING.”**

Legendary songwriter Bob Dylan penned those words six decades ago, and they still ring true today. Take the music scene in Laguna Woods Village, for example. A few short years ago, you could count the number of homegrown bands on two fingers. Then along came the pandemic, forcing musicians outdoors to play in parks and clubhouse parking lots where they could spread a little sunshine during an otherwise bleak period. It was a collaborative time in which, some might argue, it was more about the music than the musician. Bands sprung up, regrouped and found their niche audiences, inside and outside the Village.

Here, in no particular order, are a few Village favs that may be coming to a clubhouse near you.

**THE RETROFITS**

**Band members:** Jeff Grider, drums and lead vocals; Bill Moffatt, guitar and vocals; Joe Ritkes, guitar and vocals; Carmen Pacella, bass guitar; Craig Spradley, keyboards and vocals  
**Genres:** Classic rock, blues, country rock and country dance music

**Favorite bands covered:** Lynyrd Skynyrd, Foo Fighters, the Eagles, the Doors, Prince, the Cars, Hendrix, Roy Orbison, Queen, Santana, Led Zeppelin and Journey

**How they got together:** “Jeff and I go back to 2019/2020 when we were in another Village band,





Clearwater Revival, ZZ Top, the Eagles, Van Morrison  
**How they got together:** When Fisser moved from Oregon in 2015, there was just one band comprised of Village residents. Hoping to meet other musicians, he organized jam sessions in Clubhouse 3. Dutch of Fiz formed with several musicians who have gone on to play in other Village bands, including Jerry Self, Ron Gagnon and Bill Hemberger. Fisser also plays with the Nomads OC.

“Today, a lot of people are playing freelance—not like the old days when nobody played for anybody else,” Fisser said. “We’re more collaborative as musicians rather than bands competing against each other.”

**What sets them apart:** Their versatility. “We’re pretty flexible. Some clubs don’t want a big band, just a small group of people. Whatever the clubs require, that’s what we give them,” Fisser said.

**Memorable gigs:** They played Laguna Woodstock twice. “To

the Flukes,” Pacella said. “During COVID, the Village started a drive-in concert series in the fall of 2020. We played a big concert in the parking lot outside Clubhouse 5. Shortly after that, the band reorganized and formed the RetroFits.”

**What sets them apart:** “We have a lot of requests for country music, and we fill that void in the Village of country and country rock-type music that people can dance to,” Grider said.

**Memorable gig:** “The Orange County Fair main stage,” said Pacella. “We were the oldest ones there.”

**What they love about Village audiences:** “They’re our age, and they like the same music we do,” Grider said. “I was in a high school band in the ’70s, and we’re playing a number of songs now that we played back then.”

**Quote:** “When we put on our first club RetroFits event, we had over 130 people show up from the Village,” Pacella said. “We didn’t do anything except say we’re gonna be there. And you don’t

get that outside the Village; it just doesn’t happen.”

**Website:** [theretrofitsband.com](http://theretrofitsband.com)

**DUTCH OF FIZ**

**Band members:** Dutch Fisser, guitar and vocals; Lyle Sanders, guitar and vocals; Joe Ritkes, bass guitar and vocals

**Genres:** Classic rock, dance music

**Favorite bands covered:** Santana, Elvis, Credence





be chosen for Woodstock is very exciting, and you prepare for it for a long time,” Fisser said. “They gave us a list of songs they wanted us to play to make it a more authentic Woodstock atmosphere. Bands like Ten Years After, The Who and Hendrix. The vibe was fantastic.”

**What they love about Village audiences:** “They’re very active, and they’re very enthusiastic about their music and dancing and participation,” Fisser said. “It’s really a great place to live and, of course, there’s a ton of people here, so there’s always a party going somewhere.”

**Web presence:** YouTube/Dutch Fisser

### **BAND X**

**Band members:** Jim Harris, lead guitar and vocals; Sheri Showalter, lead vocals and percussion; Bill Hemberger, drums and lead vocals; Skip Wiggins, bass guitar and lead vocals; Lyle Sanders, lead guitar and vocals

**Genres:** Classic rock, Motown, R&B jazz, country, pop and jazz,

patriotic music and one-hit wonders

**Favorite bands covered:** Fleetwood Mac, Buffalo Springfield, the Doobie Brothers, Jackson Brown, Santana, Tom Petty, the Rolling Stones, Steely Dan

**How they got together:** “I moved here during the pandemic, and people were starting to play music in the park by the creek and behind Clubhouse 2,” Showalter said. “I went and watched, and that’s how things got rolling. The more people saw other people playing music, it inspired them to say ‘We may not be able to do what they did before but we can do this.’ Pretty soon, Band X was formed.”

**What sets them apart:** They play a monthly gig at Clubhouse 2 with a different theme each month. For example, on March 20, they will celebrate International Happiness Day along with Laguna Woods Clown Alley; in July the band will partner with the Astronomy Club for an “Under the Stars” event. “We want people to know that we’re not

just there to play music. We want to bring people together who may not normally be together at a location they can easily come to,” Showalter said.

**Memorable gigs:** VFW and American Legion events. “We’re honored to play those places. Supporting veterans is important to all of us,” Showalter said. They also enjoy performing at Cook’s Corner and Hangar 24 in Irvine.

**What they love about Village audiences:** “They’re very supportive,” said Showalter. “I think part of it is they’re able to come out for free or next to nothing and dance and enjoy music. They’re at the point in their lives where they just want to have fun.”

**Website:** [bandx949.com](http://bandx949.com)

### **THE NOMADS OC**

**Band members:** Jon Pearlstone, guitar and vocals; Lyle Sanders, lead guitar and vocals; Pamela Sankey, percussion and vocals; Dutch Fisser, bass guitar and vocals; Theo Connell, drums

**Genres:** Classic rock dance music  
**Favorite bands covered:** The Beatles, the Rolling Stones, Elvis, Bruce Springsteen and some Bob Dylan “with a dance vibe”

**How they got together:** During the pandemic, Pearlstone started playing guitar in the park. Other musicians came out to listen, and “slowly but surely, we had a full band,” Pearlstone said. The original lineup included Bill Hemberger, who now plays with Band X. Connell replaced him on drums.

**What sets them apart:** “We consider ourselves THE dance





band in the Village,” Pearlstone said. “Our set list proves that out—it’s one dance song after the next. Everybody does the Eagles and the Stones, but we’ve tried to find interesting classics and danceable stuff you’re not hearing from other bands.”

**Memorable gigs:** The band played Laguna Woodstock twice and is the house band for Club 19, where they play at twice-monthly Monday happy hours and invented the New Year’s Eve 9 p.m. Ball Drop. “Nomads OC is about Club 19 and special holiday events. That’s our niche,” Pearlstone said.

**What they love about Village audiences:** “They are incredibly active and interested in dancing and having fun. They just like to party and have a good time,” Pearlstone said.

**Web presence:** [facebook.com/nomadsorangecounty](https://www.facebook.com/nomadsorangecounty)

## ROCK OF AGES

**Band members:** Jeff Sinclair, vocals; Joe Ritkes, bass guitar and vocals; Lyle Sanders, guitar

and vocals; Mark Hardy, guitar and vocals; Ron Gagnon, drums and percussion

**Genres:** Classic rock, Top 40, dance rock, Motown

**Favorite bands covered:** The Beach Boys, The Beatles, Creedence Clearwater Revival, the Eagles, Elvis, Eric Clapton, Lynyrd Skynyrd, Tom Petty, the Rolling Stones, ZZ Top as well as blues, Motown, oldies rock ‘n’ roll and other pop genres focusing on guitar-oriented dance music

**How they got together:** Rock of

Ages has been around in various configurations for about 10 years. It started out with Dutch Fisser renting some of the activity rooms at various clubhouses and holding open mic-type jams. Eventually, as the band evolved, they put on performances.

“Along the way, musicians came and went and, as a result, I’ve found myself winding up in four different bands,” Sanders said.

**What sets them apart:** “Although we do a lot of the same material as some of the other bands, we lean a little toward a guitar-heavy sound in our song choices,”

Sanders said. “Our lead singer, Jeff, dubbed us as ‘The Bad Boys of Laguna Woods’ but I don’t know if you want to print that!” (We do!)

**Memorable gig:** Laguna Woodstock

**What they love about Village audiences:** “Their generosity with their time,” Sanders said.

“They have so many choices of things to do in the Village, and we appreciate when they choose to come to our performances.”

**Website:** [rockofagesca.com](http://rockofagesca.com)





## COMMUNITY CONNECTED



# A 2023 RESOLUTION: GETTING THE WORD OUT

*By Marcy Sheinwold, President, The Foundation of Laguna Woods Village*

This Foundation of Laguna Woods Village column is a little more personal. As foundation president, I get a chance to visit with many clubs and groups, and there is one thing that continues to upset me. There are many residents in the Village who are unaware of the many kinds of help available if they encounter hard times. And hard times seem to be around more now, with inflation impacting older adults who have more limited and often fixed incomes.

As a result, it is my continuing resolution this year to make residents aware of the help available right here in the Village from the foundation. With the help of Social Services, a resident can access a range of assistance that can get them through a difficult period. Key among the help available is temporary financial assistance that can pay for caregiver services, an unexpected prescription not covered by insurance, a high electric bill, dental services or medical care, or hearing aid repair and more. Also available for those experiencing difficult times are grocery and gas cards.

There are additional special ways the foundation can help those who qualify financially. Earthquake disaster kits can be obtained, a CARE ambulance contract might be arranged or an emergency response device can be rented for residents who are fall prone but financially challenged. For those who live alone, an emergency response device can save the life of someone who falls.

How do you find out if you qualify for financial assistance or can benefit from one of the foundation's specialty programs? A resident only has to visit Social Services, which is located in the rear of the Community Center (24351 El Toro) on the first floor. Trained staff who will explain how to qualify for such temporary emergency assistance can also be reached at **949-597-4267**. Privacy is ensured, and all requests are kept confidential. If financial assistance is provided, the foundation pays the bill directly for the resident.

Help us get the word out. If you would like a foundation representative to speak to your group or if you have a way we can reach more people with this information, please contact the foundation at **949-268-2246** or **foundation@comline.com**.

For more information about the Foundation, please go to our website at **foundationoflagunawoodsvillage.org**. Please note that donations can always be made using PayPal on the foundation website.





# JEWISH FOOD FESTIVAL

This free event offers delicious food for sale, dancing and entertainment.

*By Lynne Rosenstein, Jewish Food Festival Chair*

Get ready to satisfy your cravings for authentic Jewish deli delights when the Jewish Food Festival returns to Clubhouse 1 on Sunday, April 30. Sponsored by the Reform Temple of Laguna Woods, the event begins at 5 p.m. and concludes at 8 p.m. Admission is free.

The Luftmenschen, a klezmer band, will perform from the gazebo in the patio. Rebeca Gilad will teach Israeli line dances and Nate Kvetny will entertain with close-up magic.

Among the food items for sale will be pastrami sandwiches and brisket sandwiches accompanied by coleslaw and a kosher pickle, lox and cream cheese on bagels, barbecued kosher-style hot dogs, noodle kugel, halvah, hummus, egg creams and sodas, and a variety of home-baked goodies, including ruglach, mandelbrot and coffee cake. Attendees purchase tickets to exchange for food and all food handlers wear latex gloves.

The Reform Temple has arranged for an Age Well bus to shuttle participants from the Clubhouse 4 parking lot to Clubhouse 1 at no

cost to riders. The bus will begin a continuous loop from the Clubhouse 4 lot beginning at 4:45 p.m. The final run will leave Clubhouse 1 at 7:45 p.m. The last Jewish Food Festival attracted more than 1,000 attendees, so parking spaces in the Clubhouse 1 lot will be at a premium.

Many of the other Jewish organizations in the Village will participate along with the Reform Temple, including National Council of Jewish Women, ORT, Hadassah, Friends of the Jewish Federation of Orange County and the Shalom Club.

This event has had a three-year hiatus due to COVID. The first Jewish Food Festival was held in 2018, and we were overwhelmed by the amount of people who attended. The second event was in 2019, and we were prepared with enough food for all who supported the festival. This year, we are ready with more than enough sandwiches for everyone.

This event is for Laguna Woods Village residents and their guests.



## COMMUNITY CONNECTED

COMMUNITY CONNECTED



commitment to meeting the public health and medical needs of the American people.”

ASPR’s IMTs identify and validate the prioritized needs of the communities affected by a disaster or public health emergency, coordinate resources to meet those needs and manage all HHS deployed field resources. For the pandemic, resources included thousands of tons of medical equipment and supplies and thousands of medical professionals who deploy from their own communities around the country to provide temporary relief to other healthcare staff, adding medical capacity and improving outcomes for COVID-19 patients.

During the pandemic response, IMT members oversaw the operational, safety, security, logistical, planning, finance and communications needs of thousands of clinical and non-clinical personnel from ASPR’s National Disaster Medical System (NDMS) and the U.S. Public Health Service Commissioned Corps who deployed throughout the country to support overwhelmed hospitals struggling to respond to the pandemic.

**If you have stories and/or information you think your fellow Village Breeze readers would enjoy, please email [ellyce.rothrock@vmsinc.org](mailto:ellyce.rothrock@vmsinc.org) to start the conversation.**

# VILLAGE RESIDENT HONORED

Dr. Mitch Meznar receives federal civilian service medal for actions in U.S. pandemic response.

Mitch Meznar (formerly Metzner) received the COVID-19 Pandemic Civilian Service Medal for exemplary service to the nation as part of the federal medical response to the pandemic. Dr. Meznar served as a member of an incident management team (IMT) within the U.S. Department of Health and Human Services’ Administration for Strategic Preparedness and Response (ASPR), as well as with the California Department of Public Health’s Emergency Medical Services Authority, California Medical Assistance Team.

During the pandemic, the IMT responded to more than 1,800 missions to support nearly 50 states, territories and jurisdictions. Dr. Meznar is one of approximately 90 IMT responders to receive the award for civilians who deployed for 30 consecutive or 60 cumulative days to provide medical care to state, territory, tribal and local partners.

“Dr. Meznar and his IMT colleagues served as a lifeline to many healthcare facilities,” said Kevin Horahan, director for ASPR’s Field Operations and Response. “This medal reflects his selfless



# CAPTURED IN THE VILLAGE

All resident photographers are cordially invited to share their favorite photos taken in the Village. Please email your submissions to [ellyce.rothrock@vmsinc.org](mailto:ellyce.rothrock@vmsinc.org).



**Community resident Jerry Sears shared two photos of birds taken at Aliso Creek. Thank you, Mr. Sears!**



**Linda Winslow captured this egret at Aliso Creek**



## IN HONOR OF HIS WIFE

Resident establishes new scholarship with MemorialCare Saddleback Medical Center Foundation to help educate nurses.

They say investment in education pays the best interest. Recently at MemorialCare Saddleback Medical Center, employees were awarded scholarships toward higher education degrees at Saddleback Medical Center Foundation's 45th annual Scholarship Awards ceremony. This was the first time the event was held in person since 2019.

Twenty-one employees were awarded \$79,500 to support their educational journeys to earn bachelor's, master's or doctoral degrees. Since the program's inception, the scholarship program has awarded more than \$1.2 million to employees, thanks to generous donors' contributions to the foundation's scholarship fund.

One of the new scholarships this year was the Janet Fern McNulty Endowed Nursing Scholarship, established by resident Jim McNulty, in honor of his late wife, a nurse for more than 40 years. He hopes the endowment will help educate up to 2,500 nurses in the future.



**WE HEAR YOU!**

# QUESTIONS ASKED & ANSWERED

WE HEAR YOU!



**I want a subject to be discussed by the board. How do I get the topic on the agenda at the monthly board meeting?**

The majority of agenda items/subjects discussed at monthly board meetings originate at the committee meeting level. Various committees consider the subjects, which are evaluated, scrutinized and vetted by committee members; only then are they sent to the board for consideration/approval. Members may address their request to the committee (Landscape, Maintenance and Construction, Finance, etc.) to be added to the committee’s agenda.

**How do I get my guest inside the gates?**

To maintain a safe and secure community, authorization is required to enter the gates of Laguna Woods Village. Guests can only be registered for gate clearance by a current resident in good standing. Residents are able to register guests via DwellingLive 24 hours a day, 7 days a week. Residents must provide their last name, manor number and resident ID in order for a guest to be registered and allowed entrance. There are several types of passes recognized within the community that can be issued, such as annual passes, business passes, non-resident owner passes and overnight parking permits (for any non-resident vehicle to be parked in the community overnight). For more information, email Resident Services at [residentservices@vmsinc.org](mailto:residentservices@vmsinc.org).

**What are some basic facts I can provide about the types of houses in the community to my friend who is thinking about moving here?**

You can let your friend know that there are 94 floorplans within the Laguna Woods Village gated community. Third Mutual has it all in terms of home ownership, from single-family homes to one-, two- and three-bedroom condominiums, totaling 6,102 units. United Mutual is comprised of 6,323 co-ops, which offer an alternative approach to condo living. The last mutual, a high-rise facility with 311 condos known as The Towers, is currently managed by an organization other than Village Management Services Inc.

**I am having a problem logging in to the resident portal. How do I get help?**

Visit [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > Residents > Resident Services and scroll down the page until you reach Resident Portal to view a step-by-step tutorial. The resident portal allows you to view account balances, view and print statements, pay assessments or chargeable services via credit card, view work orders and submit service requests online.

**I placed a service order in my resident portal account for a tree branch to be picked up and a carport light bulb to be changed, so why aren’t these requests on my account?**

Requests for service to community common areas will not appear



in your personal account, as the work is not being done at your home. However, to track progress, you may ask that Resident Services give you the service order number when you submit a service request. This is the number you can provide to Resident Services to get a status check.



**I am interested in joining a few clubs. How do I contact them?** Laguna Woods Village offers more than 250 clubs, special interest groups and organizations that offer residents a wealth of fun and entertainment. To locate the list of clubs, visit [lagunawoods.com](http://lagunawoods.com) and select Clubs at the top of the home page. Clubs are listed alphabetically and by type, and each club lists contact information.

**I missed the board meeting last month that featured a topic in which I was interested in knowing the outcome. How do I find out what occurred at that board meeting?** Previous meetings can be viewed at [lagunawoods.com](http://lagunawoods.com) > Residents > Governance > Board Meeting Videos. There

If you have a question, email [info@lagunawoodsvillage.com](mailto:info@lagunawoodsvillage.com). Include your name, unit number and email in your message, and label the subject line My Community Question.

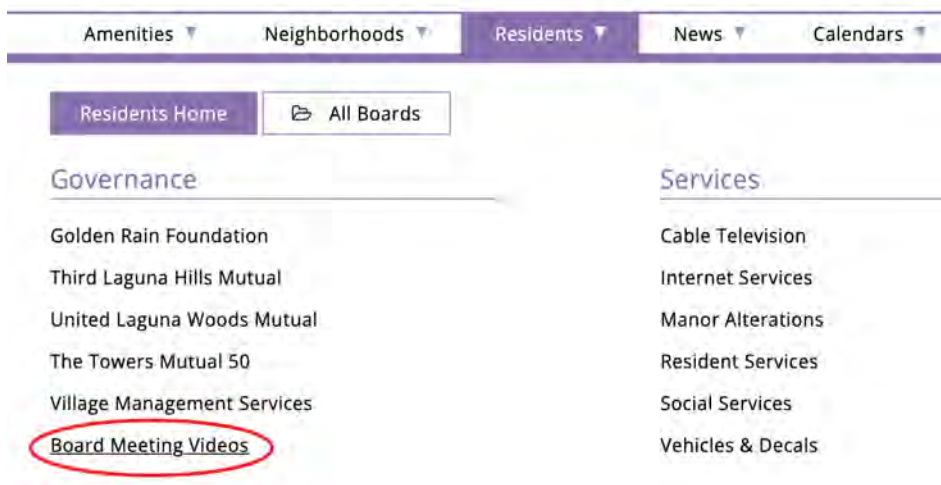
you will find an archive of board and committee meetings for viewing. Viewers can pause, fast forward and rewind these meeting videos to view only the content of your interest. You can also watch board meeting videos at the Village YouTube channel: [youtube.com/c/VillageTelevision](https://youtube.com/c/VillageTelevision).

**I love the beautiful trees in the Village, but the roots of the large tree in front of my manor are starting to lift up part of the sidewalk. Is there anything that can be done?** Laguna Woods Village encompasses more than 640 acres of maintained landscape, which includes an urban forest featuring nearly 33,000 trees. Sometimes issues arise that need extra investigation by the Department of Landscaping Services. Residents may submit

a Mutual Landscape Request Form for unique situations that occur with the landscape; find the form at [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > Residents > Maintenance & Landscaping > Landscape Forms.

**I pay a great deal every month for my HOA assessments. Where can I find a rundown on where that money goes?** The Greenbook, a.k.a. the business plan, is mailed to member owners every year around November and contains a personalized letter about your assessments. Greenbook information is also posted to [lagunawoodsvillage.com](http://lagunawoodsvillage.com) under Financial Services, where you can find four years of data on assessments.

To view infographics that illustrate where your 2023 monthly assessments go, see page 47 for Third and page 52 for United. GRF is included on both.





## SECURITY SERVICES

# PROTECT YOUR SMART DEVICES

The OC Sheriff's Department offers tips on cybersecurity.

The Orange County Sheriff's Department offers advice to keep your smart devices safe from cyberattacks. Also known as internet of things (IOT) devices, smart devices include automated thermostats, garage door openers, cloud data storage devices, video doorbells, smart appliances like televisions and refrigerators, security systems and security cameras. The increased number of IOT devices can increase the risk of cyberattacks.

Look for slower than usual internet speed, devices listed on your network that you do not recognize and devices sending and receiving data more than usual. Protect your network by creating your own user names and passwords, turning on your computer's and router's firewall, and updating the software and firmware on all your devices and router regularly. Contact law enforcement if someone accessed your devices or network without your permission. Visit [ocsheriff.gov/community/stay-safe-oc/cyber-safety](https://ocsheriff.gov/community/stay-safe-oc/cyber-safety) for more tips and information.

## SECURE VEHICLES AND POSSESSIONS

While Laguna Woods Village takes pride in being one of the safest communities in Orange County, it is important for residents to remain vigilant, as the Village is not immune to theft.

The Orange County Sheriff's Department and Village Security Chief Eric Nuñez want to remind all car owners:

- Always lock your car
- Never leave a window open—even a crack
- Never leave your keys inside your vehicle

Also, keep valuable possessions, especially bicycles, golf accessories and garden tools, secured and out of sight.

## BICYCLE RIDING AND WALKWAYS

Be a good two-wheeled neighbor while pedaling in the Village.

Did you know that bicycles are not allowed on all walkways? Before you start pedaling, first check out vehicle, traffic and parking rules for GRF, United and Third:

- Bicycles are prohibited on the Serpentine Walk and in Aliso Creek Park.
- Riding a bicycle in Aliso Creek Park is prohibited.
- Bicycles are allowed on the Friendship Walk. However, they must follow the rule that limits riding on the sidewalk between the point of origin to the nearest destination.
- Under the traffic rules, an electric bicycle is treated like a motor vehicle and is not permitted on any walkways under motorized power.





# CLARIFYING GATE 12 ACCESS

What you and your guests need to know

Gate 12 guest access, with its absence of security arms, is managed differently from access to other gates. Because reports of nonresidents using amenities at this gate have increased, Security Department staff has increased strict enforcement of the longstanding access policy.

Here's a clarification of what you and your guests need to know about Gate 12 entry.

Guest passes issued by Resident Services or those generated via DwellingLive will not be accepted for entrance into Gate 12, regardless of the date on the pass.

When a resident invites a nonresident guest to partake in a Gate 12 amenity or meet at 19 Restaurant & Lounge, the guest must

either accompany the resident in the vehicle or immediately follow the resident through the gate, with the resident indicating the guest to the gate ambassador.

Guests who will be arriving separately from a resident must be added to the Resident Services gate clearance database, or the resident must request access via Gate Clearance ([949-597-4301](tel:949-597-4301)) prior to the guest's arrival, specifying the location, date and time. The guest is welcomed after the gate ambassador verifies access.

When gate ambassadors receive calls from residents to add guests, the DwellingLive entry must be specific to Gate 12 in requesting access to pickleball, 19 Restaurant & Lounge or another amenity and can be entered for a timeframe no longer than two weeks. Residents who request anything longer in duration should Resident Services ([residentservices@vmsinc.org](mailto:residentservices@vmsinc.org); [949-597-4600](tel:949-597-4600)).

Security checks ID, including resident ID, at Gate 12 to ensure added security and compliance with contractual obligations for 19 Restaurant & Lounge and to mitigate nonresident use of golf and lawn bowling facilities and pickleball courts. A facility is located behind the gate, staffed by agents or employees to ensure access only to authorized agents, guests or employees.

# LAGUNA WOODS VILLAGE COMMUNITY STREET MAP

KEYS TO THE COMMUNITY



N  
Map Not to Scale

- Golf Cart Route .....
- Health Care +
- Churches, Temples ✚ ✚
- Security Gates Gate
- OCTA Bus Stops A
- Clubhouses 🏠
- Swimming Pool 🏊

© 2020, Laguna Woods Village

  
Laguna Woods Village®



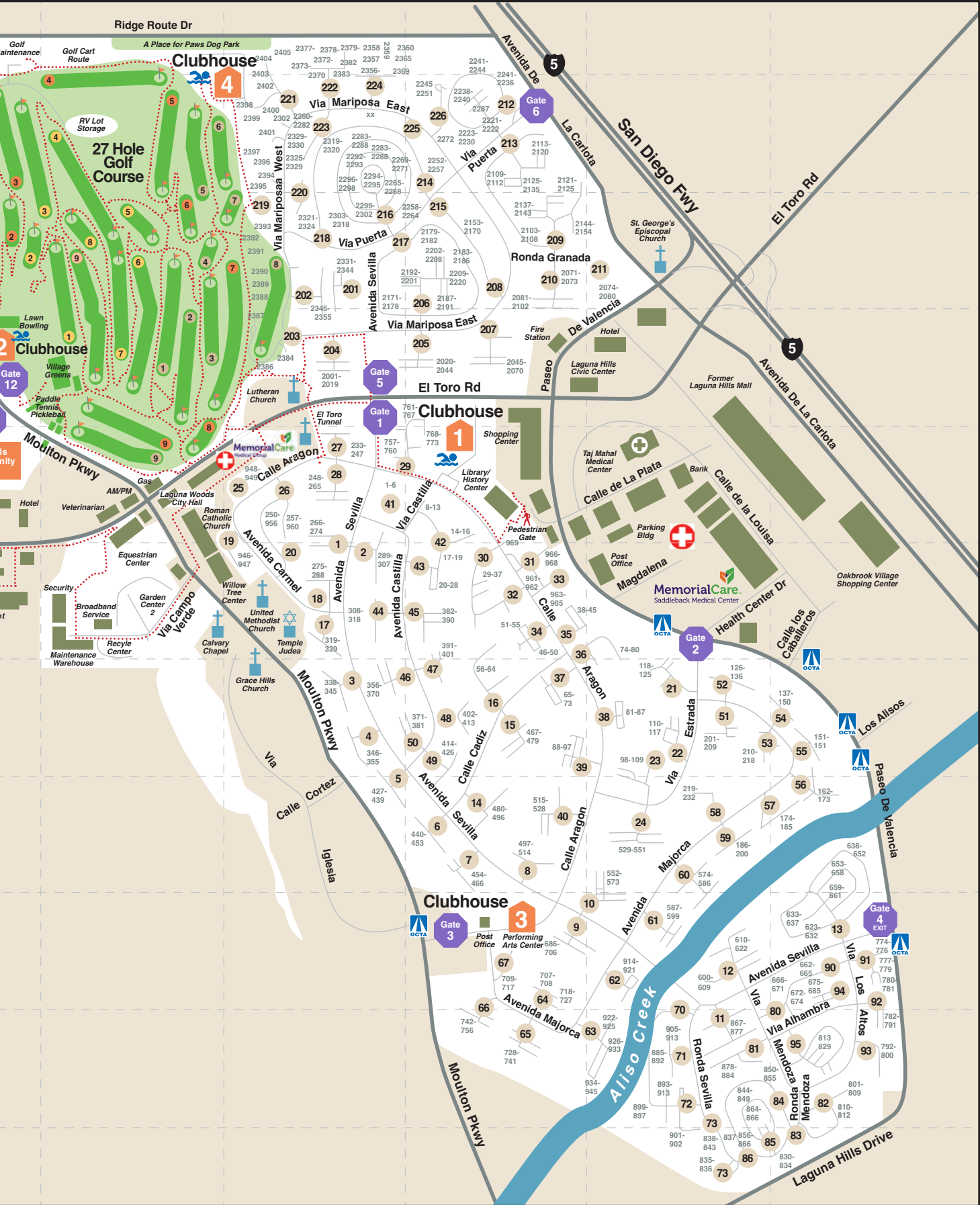
F

G

H

I

J



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11

KEYS TO THE COMMUNITY

F

G

H

I

J



## GENERAL SERVICES

GENERAL SERVICES



# DEPARTMENT PASSES ANOTHER ANNUAL CHP INSPECTION

*By Robert Carroll, Director of General Services*

Working together closely with the Transportation and Fleet Maintenance divisions, one of General Services' top priorities is providing equipment that gets residents to where they need to go safely and on time.

Laguna Woods Village Fleet Maintenance maintains approximately 260 GRF vehicles and 160 special equipment units, including buses for Transportation, as well as truck and utility vehicles for the Landscaping,

Visit [lagunawoodsvillage.com/amenities/transportation](https://lagunawoodsvillage.com/amenities/transportation) for Village bus services and schedules, hours of operation, FAQs, contact information and more.

Security, and Maintenance and Construction departments.

Fleet Maintenance provides many cost-effective services that residents might not know about. Many routine services are performed in house, returning vehicles (and personnel) to the field quickly.

All vehicles are routinely inspected by our mechanics to ensure they are up to code and safe for road service. Every day before a unit takes off, drivers complete a vehicle inspection report to ensure that tire pressure, doors, ramps, windows, seat belts, emergency exits, oil and fuel levels, electric equipment and undercarriage are all in top working order. If something is noted on the report, our mechanics work to ensure the vehicle is properly repaired before returning to service.

General Services recently passed its annual Department of California Highway Patrol (CHP) Carrier Inspection. Fleet Maintenance and Transportation staff work hard to ensure satisfactory evaluation results that meet all CHP requirements.

Village drivers meet the Controlled Substances & Alcohol Testing Program requirements and have driven more than 120,000 miles with no violations or any recordable accidents.

Residents can rest assured that Village drivers and buses will deliver them to their destinations and return them home—safely.





## SOCIAL SERVICES



# TRAIN YOUR BRAIN, GET SUPPORT

Two classes can provide help.

*By Susan McInerney, Social Services Manager*

Laguna Woods Village Social Services Division offers two classes—one to help keep brains strong and another to offer support to caregivers.

### EXERCISE YOUR BRAIN

The brain is not a muscle, but it can function as one. To help keep the brain strong, we need to challenge it regularly. “Exercise Your Brain” helps train your brain through memory, reasoning, processing speed, concentration, logical sequencing, language, problem-solving and visual-spatial skills exercises.

To find out more or to register for this virtual class that occurs Tuesdays from 10 to 11 a.m., contact Cognitive Care Solutions Facilitator Allyson LeRich, LCSW, at **714-356-7383** or [allysonl@cognitivecaresolutions.com](mailto:allysonl@cognitivecaresolutions.com).



### DEMENTIA CAREGIVER VIRTUAL SUPPORT GROUP

Are you a Village resident caring for a loved one with dementia and looking for connection and support? Join an interactive virtual support group via Zoom to explore feelings and concerns, share ideas that work and receive support from other Village residents.

This support group meets on the second and fourth Wednesdays of every month from 10:30 a.m. to noon.

To find out more or to register, call Laguna Woods Village Social Services at **949-597-4267**.

To learn more about the Village’s Social Services Division, visit [lagunawoodsvillage.com/residents/social-services](http://lagunawoodsvillage.com/residents/social-services). To speak to someone about short-term counseling, crisis intervention, support groups, educational programs, long-term care planning and resource referrals, call **949-597-4267**.



## RECREATION

# YOUR GUIDE TO EVENTS, FITNESS AND FUN



## SPRING HEALTH AND WELLNESS EXPO

The 2023 Village Health and Wellness Expo will take place at Clubhouse 5 on Saturday, March 25, from 10 a.m. to 2 p.m. Department of Recreation and Special Events staff will be on hand to promote upcoming classes and events, sponsors will host booths and much more!

Expo admission is free. Complimentary food and sponsor giveaways will be available while supplies last. Attendees who secure sponsor initials on their “sponsor passport” can turn in their document for raffle prizes.

Call **949-597-4382** or email **recreation@vmsinc.org** for more information.

## RECREATION OFFICE VILLAGE COMMUNITY CENTER

24351 El Toro Road  
Laguna Woods, CA 92637

**949-597-4273**

**recreation@vmsinc.org**

Visit **lagunawoodsvillage.com** >

**Amenities** for activities, classes, fitness and sports, golf, facilities, clubs and more. For registration, visit the Recreation office or the facility where the class/event is held.



## COMING SOON TO THE EQUESTRIAN CENTER

### Easter

Come to the annual Easter egg hunt and community event on April 8 from 9 to 11 a.m. This free event features egg hunts for kiddos by age group, a petting zoo, face painting, crafts and bounce houses—and a horse parade at the end of the event for all to enjoy.

### Village Renaissance Faire

The second annual Village Renaissance Faire is coming May 20 from 11:30 a.m. to 3:30 p.m. featuring performances, music, vendors, games, food, drinks and merriment aplenty. Tickets will be sold at the door. Stay tuned for more details!





## CONGRATS TO THE 2022 LAP CHALLENGE WINNERS!

### Can you swim the distance from Greenland to Iceland in 2023?

Congratulations to the 16 swimmers who participated in the 2022 Lap Challenge, attempting to swim from Italy to Greece (240 miles). Here are the top five swimmers who swam the longest distance in 2022:

- Christian Cruz, 236 miles
- Eng-Hong Lin, 168 miles
- Barb Straw and Ying Soong, 143 miles
- Joy Gaston, 133 miles

### Challenge Yourself in 2023

The Recreation and Special Events Department invites swimmers to test their mettle by joining the 2023 Lap Challenge to discover whether they can swim the distance of 180 miles from Greenland to Iceland. The total distance is cumulative over the course of the year. Chart your distance in lengths or laps, using the same measurement each swim session (6,300 laps/12,600 lengths are equivalent to 180 miles; 35 laps/70 lengths are equal to 1 mile). To log your progress, check in with the pool attendant each session. The challenge is open to all residents, runs now through December 29, 2023, and can be done at lap pools 2 and 5 only.

## 2023 VILLAGE GAMES

Registration ends Thursday, March 23.

The 2023 Village Games will take place Monday, April 10, through Thursday, May 4. The near-month-long competitive event features 22 athletic and sports activities, including American mahjong, archery, badminton, basketball, bicycling, billiards, bocce ball, bridge (progressive), equestrian, golf (18-hole, nine-hole and par-3), lawn bowling, paddle tennis, pétanque, outdoor pickleball, poker, shuffleboard, swimming, table tennis, target shooting, tennis and volleyball.

### Registration Fees

Registration fees include an event t-shirt, a closing ceremony invitation and medal eligibility. Additional fees for some events (bridge, golf and target shooting) are to be paid by the participant at the venue. No refunds will be issued.

### Registration Process

Register at the Community Fitness Center at 24351 El Toro Road during regular operating hours. Find details of each competition in the attached registration packet. Each competitor must complete a registration form. No changes to the registration form may be made once it is turned in. If a sport requires a partner, participants must fill out the partner's page with name of desired partner. Registration is open until the hard cutoff date of Thursday, March 23.

Payment must be made by check (payable to GRF) or credit card; cash will not be accepted.

For more information, call Recreation at **949-268-2275** or email [assistant.fitness@vmsinc.org](mailto:assistant.fitness@vmsinc.org).

### Spectators Welcome!

If you're not participating in a Village Games event, you are welcome to cheer on your family, friends and neighbors.



## RECREATION



# LIBRARY & HISTORY CENTER

The Library and History Center are located adjacent to each other at 24266 Calle Aragon.

### Library Hours

- Monday to Friday: 10 a.m. to 4 p.m.
- Wednesday: 10 a.m. to 7 p.m.
- Saturday: 10 a.m. to 1 p.m.
- Sunday: Closed

**949-597-4274; [lwvillagelibrary@yahoo.com](mailto:lwvillagelibrary@yahoo.com)**

### History Center Hours

- Monday through Friday from 11 a.m. to 1 p.m. or by appointment

**949-206-0150; [info@lagunawoodshistory.org](mailto:info@lagunawoodshistory.org); [lagunawoodshistory.org](http://lagunawoodshistory.org)**



# GET MOVING!

Visit [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > **Amenities** > **Recreation** or any of the bit.ly links below to enjoy the Village's resort-style amenities.

- View a list of amenities, location, contact information, registration process and more at [bit.ly/3tXFP9w](http://bit.ly/3tXFP9w).
- Purchase event tickets, register for outdoor classes, sign up for Clubhouse 4 activities via ActiveNet at [bit.ly/39sfreE](http://bit.ly/39sfreE) or by telephone between 10 a.m. and noon, Monday through Friday, at **949-597-4382**. Visit [bit.ly/3CDWAd9](http://bit.ly/3CDWAd9) to view an ActiveNet tutorial video.
- Consider taking one or more of the almost 20 classes currently offered, including mat/chair yoga, ballroom dance, English or Korean language classes, cycling, aquatic classes and more. Check out our schedule of current recreation classes at [bit.ly/3u086MB](http://bit.ly/3u086MB).
- Visit [bit.ly/3u2eovu](http://bit.ly/3u2eovu) for a comprehensive list of virtual activities, classes and more.





# PAC TICKETS

Ticket prices at the Performing Arts Center vary by show. Visit [tickets.lagunawoodsvillage.com](https://tickets.lagunawoodsvillage.com) to create an account and purchase and print tickets at home. No printer? Show a smartphone screenshot of your purchase at the box office or, at checkout, choose to pick up your tickets at the PAC box office. Or purchase tickets at the PAC box office, open Monday, Wednesday and Friday from 9 a.m. to 5 p.m.

Call **949-597-4288** or email [recreation@vmsinc.org](mailto:recreation@vmsinc.org) for more information. The Performing Arts Center/Clubhouse 3 is located at 23822 Avenida Sevilla.



# KNOCK THREE TIMES

**Tickets on sale now for the one-and-only Tony Orlando at the PAC on May 6**

On Saturday, May 6, at 7:30 p.m., don't miss the one-and-only Tony Orlando at our very own Performing Arts Center! This spectacular live event features the three-time American Music Award winner and Grammy nominee, one of Billboard's top three artists of the '70s and 100 greatest artists of all time, and recipient of multiple "Entertainer of the Year" awards for both Las Vegas and Atlantic City, as he performs such number-one hits as "Tie a Yellow Ribbon Round the Ole Oak Tree," "Knock Three Times" and more.

Tickets are on sale now at [tickets.lagunawoodsvillage.com](https://tickets.lagunawoodsvillage.com) or at the PAC box office Monday, Wednesday and Friday from 9 a.m. to 5 p.m. Ticket prices are \$39, \$49 or \$59.

Call **949-597-4288** or email [recreation@vmsinc.org](mailto:recreation@vmsinc.org) for more information.

# MONDAY MOVIES AT THE PAC

The Performing Arts Center (PAC)/Clubhouse 3 is proud to offer a great lineup of acclaimed movies to enjoy on the big screen. Click the links below for movie synopses and featured casts, and watch previews:

- March 20 - Amsterdam
- April 17 - Ticket to Paradise
- May 15 - Elsa & Fred
- June 19 - Queen Bees

Doors open at 1:45 p.m. and movies begin at 2 p.m. Admission is free and no tickets are required. For more information, call **949-597-4288** or **714-597-4289**, or email [recreation@vmsinc.org](mailto:recreation@vmsinc.org).





## RECREATION



# EQUESTRIAN CENTER

Our charming and unique equestrian facility offers boarding for resident-owned/lesson horses and a riding program (lessons/trail rides) for residents and their sponsored guests. In addition, riders and non-riders alike enjoy various events at our facility, including summer barbeques, the Harvest Hoedown, Easter at the Equestrian Center and horse shows.

### LOCATION

24312 El Toro Road  
Laguna Woods, CA 92637  
**949-597-4275**

### HOURS

**Business hours:** 9 a.m. to 3 p.m., Wednesday through Sunday

**Tour hours:** Wednesday and Thursday at 2 p.m.; Friday, Saturday and Sunday at 12:30 and 2 p.m.

**Riding program:** Wednesday through Sunday; contact the Equestrian Center office for lesson schedules.

Tours and riding program are closed Monday and Tuesday.



### HORSEMANSHIP CLASSES

Horsemanship classes at the Equestrian Center are all about developing the horse-man relationship. Horsemanship is a journey rather than a destination.

In these group classes, staff combines lectures, handouts, herd observation and hands-on education in the care of and communication with horses. It's a great opportunity for those who would like to someday own a horse or for those who just want to learn how to work with horses.

Six-session drop-in classes are offered Friday at 10:30 a.m. and Sunday at 11:30 a.m.

Those who graduate Level 1 are invited to join Level 2. Call or drop by the Equestrian Center for more information.

### HELP THE HERD FUNDRAISING

The Help the Herd fundraising program was created by the Village Community Fund to help ensure the Equestrian Center horses continue to thrive and be available for all residents to enjoy.

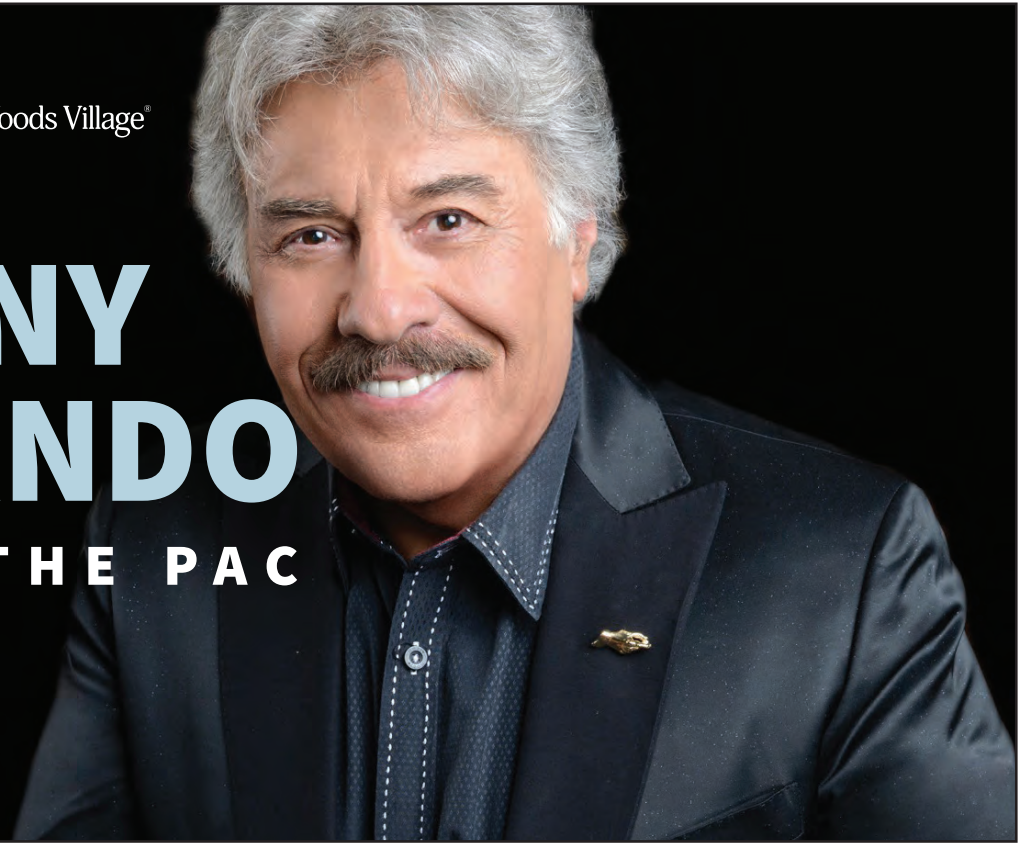
Visit [villagecommunityfund.org/help-the-herd](https://villagecommunityfund.org/help-the-herd) to donate to the Village Community Fund's Help the Herd or visit [villagecommunityfund.org](https://villagecommunityfund.org) for more information.





# TONY ORLANDO

LIVE AT THE PAC



## LAGUNA WOODS VILLAGE PERFORMING ARTS CENTER SATURDAY, MAY 6 | 7:30 P.M.

The one-and-only Tony Orlando is coming to our very own PAC!  
Don't miss this spectacular live event, as the three-time American Music Award winner and Grammy nominee, one of Billboard's top three artists of the '70s and 100 greatest artists of all time, and recipient of multiple "Entertainer of the Year" awards for both Las Vegas and Atlantic City will perform such number-one hits as "Tie a Yellow Ribbon Round the Ole Oak Tree," "Knock Three Times" and more.

Tickets are on sale now at [tickets.lagunawoodsvillage.com](https://tickets.lagunawoodsvillage.com)  
or at the PAC box office Mondays, Wednesdays and Fridays from 9 a.m. to 5 p.m.

\$39 | \$49 | \$59

The PAC/Clubhouse 3 and the box office are located at 23822 Avenida Sevilla.

CALL 949-597-4288 OR EMAIL [RECREATION@VMSINC.ORG](mailto:RECREATION@VMSINC.ORG) FOR MORE INFORMATION



## RECREATION



# PERSONAL TRAINERS ARE HERE FOR YOU

Get in a good workout led by a personal trainer at the Community Fitness Center or Clubhouse 1. Five 30-minute sessions cost \$200; 10 30-minute sessions cost \$400.

Call the Community Fitness Center at **949-268-2275** or Clubhouse 1 at **949-597-4284** for more information.



# JOIN A CLUB!

In addition to the many amenities and activities offered through the Recreation and Special Events Department, more than 250 clubs, special interest groups and organizations offer residents a wealth of fun and entertainment. With so many clubs to choose from, there's sure to be like-minded new friends to make. Visit [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > **Amenities > Clubs** today.





# ONGOING CLASSES

**Schedules subject to change without notice.**

## MONDAY

### Chi Kung

Clubhouse 1 patio, 8 to 9:30 a.m.  
Free drop-in class

### Yoga with Kim Min

Clubhouse 2 ballroom, 8:30 to 9:30 a.m.  
Free drop-in class

### Laughter Yoga with Cheryl Russell

Clubhouse 1 ballroom, 9:15 to 10:15 a.m.  
Free drop-in class

### Zumba Gold with Tracy Murray

Clubhouse 2 ballroom, 10 to 11 a.m.  
\$25 for 5 classes

### Movement and Stretch with Sybil Moore

Clubhouse 5 fitness room, 10:30 to 11:30 a.m.  
Free drop-in class

### Ballroom Dance with Candi Davis

Clubhouse 1 ballroom, 10:30 a.m. to 12:30 p.m.  
\$25 for five group lessons

### Mindfulness Meditation with Dr. Lois Rubin

Via Zoom, 11 a.m. to 12 p.m.  
Email [soulhr@yahoo.com](mailto:soulhr@yahoo.com) for access

### Mat Yoga with Kristine DeYoung

Clubhouse 2 ballroom, 11:30 a.m. to 12:30 p.m.  
Free drop-in class

### Chair Yoga with Kristine DeYoung

Clubhouse 2 ballroom, 1 to 2 p.m.  
Free drop-in class

### Chinese Language Class with Grace Sams

Clubhouse 6 multipurpose room, 1:30 to 3:30 p.m.  
Free drop-in class

### Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 5 to 6 p.m.  
\$40 per eight-class session

## TUESDAY

### Yoga with Kim Min

Clubhouse 1 ballroom 8:30 to 9:45 a.m.  
Free drop-in class

### Tai Chi

Clubhouse 7 ballroom, 8:30 to 9:30 a.m.  
Free drop-in class

### Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 9 to 10 a.m. and  
10:30 to 11:30 a.m.  
\$40 per eight-class session





## RECREATION

### **Beginner's French with Sylvie Escande**

Clubhouse 5 multipurpose room, 9 to 9:50 a.m. and 10 to 10:50 a.m.

Email [escandesylvie122@gmail.com](mailto:escandesylvie122@gmail.com) for schedule

### **Chair Fitness with Janet Gilliam**

Clubhouse 1 gym, 10 to 11 a.m.

*\$15 for five classes*

### **Swim Clinic with Jan Levinrad**

Pool 2, noon to 1 p.m. and 1 to 2 p.m.

Free drop-in class

### **IKTA Self-Defense with Ron Murray**

Clubhouse 5 fitness room, 3:30 to 4:30 p.m.

*\$25 for five classes*

### **Meridian Yoga with Phoebe Gong**

Clubhouses 5 fitness room, 5:30 to 6:45 p.m.

Free drop-in class

## **WEDNESDAY**

### **Chi Kung**

Clubhouse 1 patio, 8 to 9 a.m.

Free drop-in class

### **Zumba Gold with Tracy Murray**

Clubhouse 5 ballroom, 9 to 10 a.m.

*\$25 for five classes*



### **Cycling with Alisha Sullivan**

Clubhouse 5 fitness room, 10 to 11 a.m.

*\$40 per eight-class session*

### **Mindful Movement Yoga with Jerry Bloch**

Performing Arts Center dining room, noon to 1 p.m.

Free drop-in class

### **Russian Language Class with Janet Preissler**

Clubhouse 2 Grevillea Room, 3 to 5 p.m.

Free drop-in class

### **IKTA Self-Defense with Ron Murray**

Clubhouse 5 fitness room, 3 to 4 p.m.

*\$25 for five classes*

### **Contemporary Jazz with Laura Fremont**

Clubhouse 5 fitness room, 5:30 to 6:30 p.m.

*\$25 for five classes*

## **THURSDAY**

### **Cycling with Alisha Sullivan**

Clubhouse 5 fitness room, 7 to 8 a.m.

and 8:30 to 9:30 a.m.

*\$40 per eight-class session*

### **Tai Chi Dance**

Clubhouse 1, multipurpose room, 8 to 10:30 a.m.

Free drop-in class

### **Chi Kung**

Clubhouse 2 ballroom, 8 to 9 a.m.

Free drop-in class



### Tai Chi

Clubhouse 7 ballroom, 8:30 to 10 a.m.  
Free drop-in class

### Chair Fitness Janet Gilliam

Clubhouse 1 gym, 10 to 11 a.m.  
\$15 for five classes

### Tap Dance and Rhythms with Laura Fremont

Clubhouse 5 fitness room, 10:30 to 11:45 a.m.

### Mat Yoga with Kristine DeYoung

Clubhouse 2 ballroom, 11:30 a.m. to 12:30 p.m.  
Free drop-in class

### Chair Yoga with Kristine DeYoung

Clubhouse 2 ballroom, 1 to 2 p.m.  
Free drop-in class

### IKTA Self-Defense with Ron Murray

Clubhouse 5 fitness room, 3:30 to 4:30 p.m.  
\$25 for five classes

## FRIDAY

### Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 7 to 8 a.m. and  
8:30 to 9:30 a.m.  
\$40 per eight-class session



### Chi Kung

Clubhouse 1 patio, 8 to 9 a.m.  
Free drop-in class

### Embrace Life Yoga with Phoebe Gong

Clubhouse 7 ballroom, 9:30 to 10:45 a.m.  
Free drop-in class

### Ballroom Dance with Ed VanOrnum

Clubhouse 1 ballroom, 9:30 to 11:30 a.m.  
\$30 for five classes

### Zumba Gold with Tracy Murray

Clubhouse 2 ballroom, 9 to 10 a.m.  
\$25 for five classes

### Mindful Flow Yoga with Jill Camera

Clubhouse 1 ballroom, 1 to 2 p.m.  
Free drop-in class

### Circle of Love Meditation with Zahir Movius

Clubhouse 5 fitness room, 2:30 to 4 p.m.  
Free drop-in class

## SATURDAY

### Tai Chi Dance

Clubhouse 1 multipurpose room, 8 to 10:30 a.m.  
Free drop-in class

### Mind and Body Fitness with Jean Reitz

Clubhouse 5 fitness room, 10:30 to 11:30 a.m.  
Free drop-in class





## RECREATION

# AMENITY INFO

### Clubhouse Reservations | 949-597-4227

Schedule reservations at Clubhouses 1, 2, 5 or 7, or the Village Greens at the Community Center Recreation office Monday - Friday, 8 a.m. - 5 p.m.

- Reservations may be scheduled through December 31, 2023.
- Reservations are limited to Clubhouse 1, 2, 5 and 7 and the Village Greens.
- Clubhouse 6 and the Performing Arts Center reservations will resume at a later date.

### Clubhouse 1 | 949-597-4281

- Open 8 a.m. - 10 p.m. daily
- Fitness center open 7 a.m. - 7 p.m. Monday, Wednesday, Friday;  
7 a.m. - 5 p.m. Tuesday, Thursday;  
8 a.m. - 2 p.m. Saturday/Sunday
- Indoor mini-gym (badminton, pickleball, volleyball, basketball)
- Archery
- Shuffleboard
- Bocce
- Game rooms
- Billiards
- Drop-in lounge

### Clubhouse 2 | 949-597-4286

- Open 8 a.m. - 10 p.m. daily
- Video lab and studio
- Card room
- Lawn bowling



### Clubhouse 4 | 949-597-4344

- Art studio, ceramics, jewelry, lapidary, photo studio, sewing room, slipcasting, woodshop, machine shop
- Open 9 a.m. - 4 p.m. Monday, Wednesday, Friday;  
9 a.m. - 8 p.m. Tuesday and Thursday;  
10 a.m. - 2 p.m. Saturday/Sunday
- Contact the clubhouse for specific studio days/times

### Clubhouse 5 | 949-597-4382

- Open 8 a.m. - 10 p.m. daily
- Game room
- Gym 5:30 a.m. - 9 p.m. daily

### Clubhouse 7 | 949-268-2417

- Open 8 a.m. - 10 p.m. daily
- Bridge games 12:30 - 4 p.m. Monday - Friday
- Bridge class schedule varies

### Community Center | 949-597-4273

- Concierge, Resident Services 8 a.m. - 5 p.m. Monday - Friday
- Table tennis: 8 a.m. - 9 p.m. Monday - Friday;  
noon - 5 p.m. Saturday, Sunday
- Mac learning center: 9 a.m. - 3 p.m. Monday - Friday; 949-268-2263
- PC workshop: 11 a.m. - 3 p.m. Monday - Friday; 949-268-2262
- Community fitness center 7 a.m. - 7 p.m. Monday, Wednesday, Friday; Tuesday and Thursday 7 a.m. - 8 p.m.; Saturday, Sunday 8 a.m. - 2 p.m.



**Equestrian Center | 949-597-4275**

- Tours 2 p.m. Wednesday and Thursday; 12:30 and 2 p.m. Friday - Sunday
- Call to inquire about riding program

**Garden Centers | 949-268-2387**

- Daily sunrise to sunset

**Golf | 949-597-4336**

- 27-hole course open daily 7 a.m. - 6 p.m.
  - Online reservations only; see golf shop to create account
- Driving range open 7 a.m. - 4:30 p.m.
  - Wednesday close at 4 p.m. for clean pick
- Par 3 course open 7:30 a.m. - 5:30 p.m.
- Call the course condition hotline at **949-597-4373** for course updates

**History Center | 949-206-0150**

- Open 11 a.m. - 1 p.m. Monday - Friday or by appointment

**Library | 949-597-4274**

- Open 10 a.m. - 4 p.m. Monday - Friday (7 p.m. Wednesday), 10 a.m. - 1 p.m. Saturday

**Paddle Tennis | 949-597-4273**

- Tuesday, Thursday 7 a.m. - noon
- First, third Saturdays 7 a.m. - noon

**Performing Arts Center | 949-597-4288**

- Box office open 9 a.m. - 5 p.m. Monday, Wednesday, Friday
- Billiards open Monday, Wednesday and Friday, 9 a.m. - 5 p.m.
- Auditorium open for scheduled shows; dates and times vary

**Pickleball | 949-597-4273**

- Monday, Wednesday and Friday mornings open play; sign up on patio for a game
- Tuesday and Thursday mornings paddle tennis has priority 7 a.m. - noon
- Saturday, Sunday open play
- Second, fourth Saturday pickleball has priority

**Pools | 949-597-4273**

Check the most current pool schedule at [bit.ly/3u4adRE](http://bit.ly/3u4adRE)

**Recreation Coordinated Classes | 949-597-4273**

- Class schedule: [bit.ly/3rwVWtp](http://bit.ly/3rwVWtp)
- ActiveNet portal: [bit.ly/3eKhxts](http://bit.ly/3eKhxts)
- ActiveNet tutorial video: [bit.ly/2UDQmJF](http://bit.ly/2UDQmJF)
- Virtual recreation: [bit.ly/3Bsne8V](http://bit.ly/3Bsne8V)

**Tennis | 949-268-2481**

- 7 a.m. - 10 p.m. daily
- No reservations required for courts 1 - 7 7 a.m. - 4:30 p.m.
- Court Reserve reservations required for courts 8 - 10 7 a.m. - 4:30 p.m.
- Court Reserve reservations required for courts 6 and 7 4:30 - 9 p.m. (lighted)
- For Court Reserve reservations, visit [bit.ly/3x0MMXj](http://bit.ly/3x0MMXj).

**Saddleback Emeritus | 949-582-4835**

Visit [saddleback.edu/emertus](http://saddleback.edu/emertus) for the most current class schedule.

## GRF Board of Directors

The Golden Rain Foundation of Laguna Woods Board of Directors meets the first Tuesday of each month at 9:30 a.m.

Bunny Carpenter  
President  
2022-2025

Debbie Dotson  
First Vice President  
2021-2023

Reza Karimi  
Second Vice President  
2021-2023

Joan Milliman  
Secretary  
2020-2023

James Hopkins  
Treasurer  
2022-2025

Elsie Addington  
Director  
2020-2023

Egon Garthoffner  
Director  
2022-2025

Yvonne Horton  
Director  
2022-2025

Gan Mukhopadhyay  
Director  
2021-2024

Juanita Skillman  
Director  
2021-2024

Don Tibbets  
Director  
2021-2024



# GRF AND VILLAGE GOVERNANCE

*By Bunny Carpenter, President, and Joan Milliman, Secretary*

Many live in Laguna Woods Village for years without understanding its governance. The Village, organized under California Nonprofit Mutual Benefit Corporation Law, includes four corporations, United Laguna Woods Mutual, Third Laguna Hills Mutual and Mutual Fifty (mutual housing corporations) and Golden Rain Foundation (GRF).

The housing mutuals are responsible for services directly related to housing and common areas. GRF is responsible for all shared community amenities and common areas not within the housing mutuals' jurisdictions.

### **GRF Responsibilities**

The GRF corporation and the GRF corporation as trustee of the trust maintains and improves Village facilities and services. This includes, but is not limited to, cable television, social services, the bus system, security, clubhouses, swimming pools, golf courses, the equestrian center, other recreational and service facilities, and the Laguna Woods Village Community Center.

All resident/owners belong to one of the three mutuals as well as GRF and are entitled to use GRF services and facilities, which are open to all Village residents.

### **GRF Board**

Each housing mutual corporation has a board of directors elected by its members (one vote per dwelling unit).

The GRF board of directors is elected by the corporate members—those who serve on the United Mutual, Third Mutual and Mutual Fifty boards—and is comprised of members of each of the three housing mutual corporations.



During the annual election process, each corporate member votes by means of a weighted vote (i.e., the number of dwelling units in the mutual divided by the number of board members).

### **Committees**

Each corporation's board appoints members to committees for the purpose of reviewing policies, programs and service levels, and making recommendations to the boards of directors. Mutual committees include, but are not limited to, landscaping, finance, maintenance and construction, energy and traffic. GRF standing committees include landscape, finance, maintenance and construction, community activities, security, energy and media and communications. GRF standing committees consist of two members of the GRF board and five representatives from the mutual boards (two each from United and Third, and one from Mutual Fifty.) GRF ad hoc committees are special-purpose committees of limited duration, established for a specific matter and which are dissolved upon completion of the project. Committee member structure varies based on the project.

### **Budget**

Monthly assessments are payable to GRF, which redistributes funds to the mutuals according to their respective budgets. The mutual boards and GRF board adopt an annual budget/business plan

that establishes programs and service levels. GRF's portion of the collected funds is for maintaining community facilities, which are held in trust for the mutual boards' benefit by GRF under the trust agreement. At the end of each year GRF puts any excess collected monies into the restricted contingency fund, so that the surplus may be applied to the following year's budget.

### **Governing Docs**

Each corporation has its own set of governing documents, filed with the county recorder. Besides the trust, GRF is also subject to two other governing documents—articles of incorporation and the GRF bylaws.

### **The Trust Agreement**

The trust agreement (trust) gives GRF its authority over Village common grounds, community services, community amenities and community buildings.

GRF is responsible for Laguna Woods Village's seven clubhouses, five pools, two fitness centers, the equestrian center and trails, two garden centers, two golf courses, the tennis complex, plus the fine arts and crafts facilities. GRF also oversees the private bus system, security patrols, gates, cable system, roads, parking lots, maintenance of all common buildings and properties, and the community's extensive social and recreational programs.

If there were a conflict between the GRF trust and the GRF bylaws, the trust would prevail.

Here are several points from the trust and GRF bylaws:

- The trust, dated March 2, 1964, was amended August 13, 2018, to extend until 2044.
- According to the trust, the trustee (the GRF board) has the right to buy, sell, lease and improve trust property within the guidelines of paragraph M under Section VII, which stipulates the requirement of corporate member approval over \$500,000.
- The trust can be amended if the changes are approved by GRF and the three mutuals.
- GRF is authorized to charge a facility fee by the GRF trust as well as under the amended section 1368(c) of the Davis-Stirling Act. The housing mutuals do not meet the requirements of section 1368(c). Therefore, all such collected fees are placed in a GRF reserve account for maintenance, repair and/or replacement of GRF trust property.
- The extent of the services to be provided in connection with the community facilities and the rules and regulations with respect to the use of said facilities shall be determined and established solely by the GRF board of directors.

We hope this article has given you some idea how the mutuals and GRF work together through the Village governance system. GRF, Third Mutual and United Mutual share the services of our management company, VMS Inc.

## Third Board of Directors

The Third Laguna Hills Mutual Board of Directors meets the third Tuesday of each month at 9:30 a.m.

Mark Laws  
President  
2021-2024

Jim Cook  
First Vice President  
2021-2024

Ralph Engdahl  
Second Vice President  
2022-2025

Cris Prince  
Secretary  
2022-2025

Donna Rane-Szostak  
Treasurer  
2020-2023

Cusrow "Cush" Bhada  
Director  
2022-2025

Andy Ginocchio  
Director  
2023

Nathaniel Lewis  
Director  
2021-2024

S.K. Park  
Director  
2023-2025

Moon Yun  
Director  
2022-2023

Jules Zalon  
Director  
2022-2023

## PIPE RELINING EFFORTS

*By Mark Laws, President*

Third Mutual spends well over \$1 million each year addressing moisture intrusion events, including issues caused by waste pipe backups and copper water pipe leaks within our walls or slabs.

One action the Third board has taken in the past several years, in an effort to minimize these events is relining our waste pipes (epoxy waste line remediation) and copper water pipes (copper pipe remediation), essentially creating brand-new pipes directly inside old, corroded, failing and often clogged pipes. Our investment in this relining effort is intended to save the mutual money in the future.

Under board direction, staff has focused its pipe relining efforts on three-story buildings, where waste backups and pipe leaks are costliest and most disruptive because each event tends to impact more manors. Also, staff has reported that once pipes are relined in a three-story building, no new backups or leaks are reported there.

Unfortunately, while relining is less expensive and troublesome than ripping out and replacing old pipes, the process is slow and not inexpensive. Even though the board added extra remediation funds for 2023, only six or seven three-story buildings will undergo epoxy waste line remediation and about five buildings will undergo copper pipe remediation this year. During its work on the 2024 budget, the board will determine whether additional funds can be allocated to accelerate relining activity next year.

Visit [bit.ly/3LzJYAz](https://bit.ly/3LzJYAz) to view a list of buildings that have already undergone waste line remediation or copper pipe remediation.

## APPROVALS AND BOARD ACTIONS NOVEMBER AND DECEMBER MEETINGS

### NOVEMBER

- Approved recording of liens against two members
- Approved requests to remove one Australian willow tree, one kaffir plum tree and one King Palm tree; denied request to remove one fern pine tree
- Approved Third Mutual and GRF committee appointments

### DECEMBER

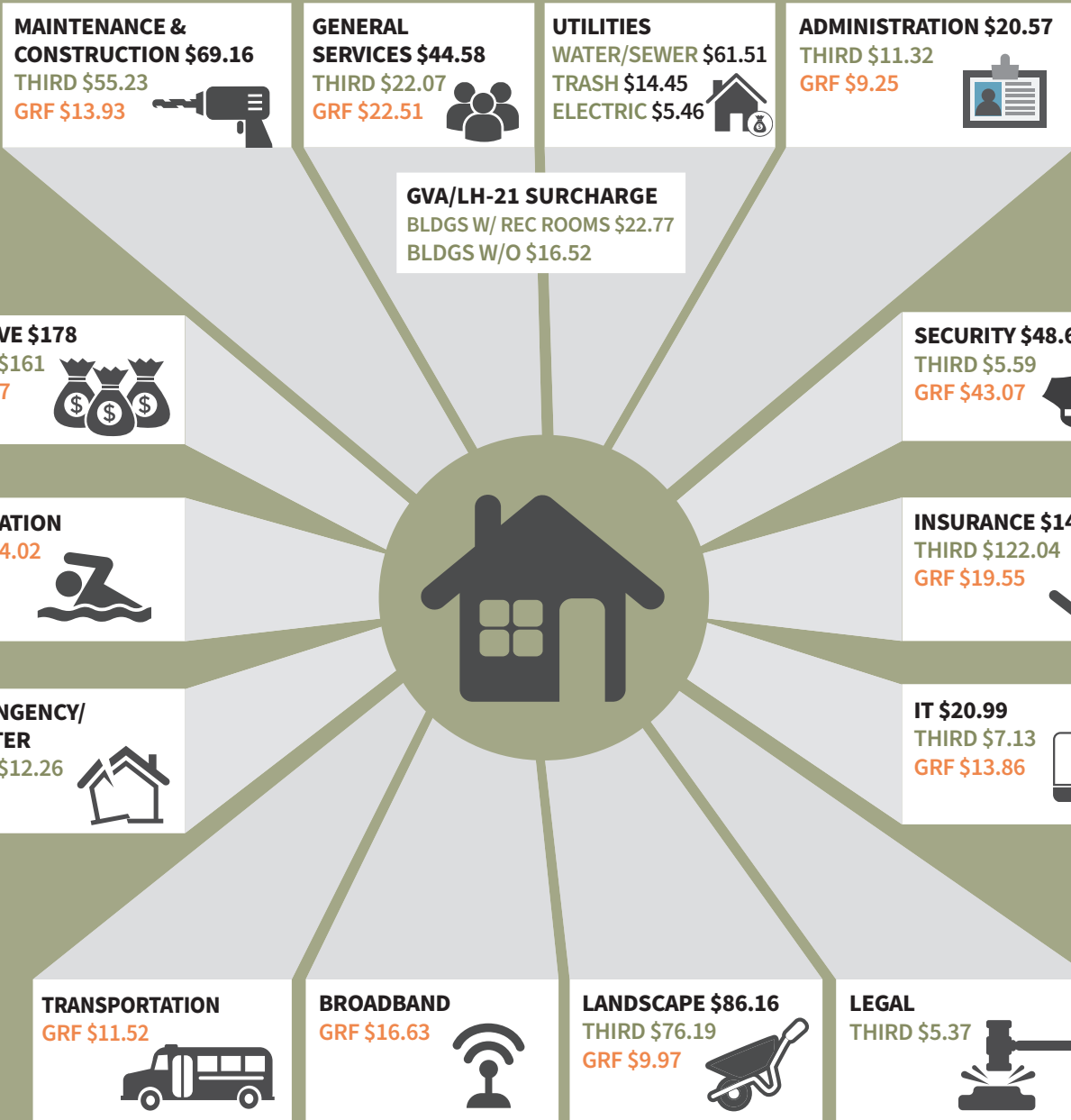
- Approved request to remove one ficus nitida
- Approved rules for board meetings
- Approved Third Mutual and GRF committee appointments
- Approved supplemental funding for turf reduction projects



# 2023 MONTHLY ASSESSMENT

## HOW \$780.93 IS SPENT

### FOR THIRD • FOR GRF



THIRD



# GARDEN VILLA ASSOCIATION HISTORY

*By Stuart Hack, President, GVA*

I have thought many times that information about the Garden Villa Association’s beginnings would provide a useful perspective in executing current GVA activities.

I asked legacy GVA board members for information, but most is anecdotal. David Southworth at the Laguna Woods History Center was unable to find a GVA archive, but he did have information on past president Harry Curtis. But David discovered newspaper clippings; here is what they revealed:

- August 13, 1992: A letter to the editor announced the formation of the Garden Villa Association, holding its first official meeting in Clubhouse 6 on August 20. “The purpose of this association is to establish better channels of communication with the officers and committee members of Third Mutual so that proper consideration may be given to common problems.”
- August 27, 1992: “More than 144 residents jammed Clubhouse 6 on August 20 to show their support for the new Garden Villa Association.”
- September 17, 1992: A letter to the editor congratulated GVA President Harry Bloom for establishing GVA to represent interests of Garden Villa building residents.
- Additional newspaper clippings described GVA efforts regarding shared expenses and appropriate use of the rec room monthly assessment that Garden Villa manor owners had paid into the rec room account.

- Research thus far has not uncovered when the LH-21 buildings joined GVA.

When my wife and I purchased our Garden Villa condo in 2009, the welcoming building captain informed me that I would be the next building captain, as my youth and energy would lend a natural transition. Later I learned that being the region 2 representative came with the arrangement, which involved building captain support for nine other Garden Villa buildings.

I began attending bimonthly GVA meetings when Harry Curtis was president and Dr. John Paulus was the guiding light.

I was impressed at the dedication of GVA leaders. These people gave their time and energy to help others—what a great example of how to use one’s retirement years.

In 2014, new directors and officers were seated, headed by Shari Horne. When she was elected to the Laguna Woods City Council in 2015, leadership went to Lynn Jarrett. When Lynn was elected to the Third Mutual board in 2018, the GVA board elected me. These were large shoes to fill.

In 2020, I thought I was retiring to a life of travel. Marti Mangan bravely stepped into the presidency. As it turned out, retirement and travel were stolen by the pandemic. In 2022, I was again elected GVA president.

Contact Stuart Hack at [gvalwv@gmail.com](mailto:gvalwv@gmail.com).



## United Board of Directors

The United Laguna Woods Mutual Board of Directors meets the second Tuesday of each month at 9:30 a.m.

Lenny Ross  
President  
2022-2023

Thomas Tuning  
First Vice President  
2022-2025

Mary Simon  
Secretary  
2022-2025

Azar Asgari  
Treasurer  
2020-2023

Prakash “Cash” Achrekar  
Director  
2020-2023

Maggie Blackwell  
Director  
2021-2024

Allison Bok  
Director  
2023-2024

Diane Casey  
Director  
2022-2025

Pearl Lee  
Director  
2021-2024

Anthony Liberatore  
Director  
2021-2024



# WE ARE LISTENING AND ACTING

*By Lenny Ross, President*

Your United board is listening and responding to your letters and feedback, and appreciates your participation in our board meetings and town halls. We encourage you to continue coming to our open meetings and commenting during the open forum.

I would like to share two concerns the board reviewed and responded to during our January open meeting.

The first concern is that some residents think their culs-de-sac are too dark. A few years ago, United developed a program to install walkway lighting. However, in case additional lighting is needed, there is funding available in the annual budget for select areas that meet certain criteria. If you believe walkway lighting in your cul-de-sac is insufficient, you may complete a one-page application stating your case. Simply request the form by emailing [generalmanager@vmsinc.org](mailto:generalmanager@vmsinc.org). VMS will evaluate the application to determine whether the location of the lighting request meets the established criteria and schedule the installation. If the application is denied, VMS will provide the reason.

The second came from a member concerned about the lack of shepherd's crook fencing along El Toro, south of Gate 1 and before the shopping center. The resident asked that we complete the fencing in that area sooner than the planned three to four years. At the January Maintenance and Construction Committee meeting, a proposal for additional funding to complete this area by the end of 2023 was recommended for board approval. The board approved this request at its February 14 meeting.



# GOVERNING DOCUMENTS COMMITTEE NEWS

*By Maggie Blackwell, Director*

Working together continues.

In December 2022, the United board approved the formation of a Private Loans Research Ad Hoc Committee. Their charge is to study the history of loans in United to consider recent events affecting loans and to study prior and current United documents; then to recommend possible solutions to current problems.

Seeing an opportunity to help, the Governing Documents Committee asked staff familiar with United regulations to collect the history of events, along with past and present related resolutions and regulations, regarding loans. After review and discussion, the committee voted unanimously to send the information along with the current resale package to the new Finance Ad Hoc Committee to supply the background for their work and speed their process.



# RESOLUTION NEWS

*By Maggie Blackwell, Director*

**Passed - Background check for buyers:** To minimize the potential to create risk to the safety and well-being of United residents, all buyer applicants must submit a criminal background check. Those with a lifetime requirement to register as a sex offender and those convicted of manufacturing methamphetamine will be disqualified. United will evaluate misdemeanors within five years of the date of the submitted application; felonies within 20 years will be judged on recency of conviction, age at conviction, jail time/fines, type of crime and mitigating circumstances and/or rehabilitation.

Any information obtained from the report may not be used for any other purpose. United will destroy, shred or erase all physical and electronic files pertaining to the criminal background report.

Also, the board, exercising prudent business judgment, may approve or deny in its sole and absolute discretion applications based on other material factors, including, but not limited to, excess liabilities or history of noncompliance as a member in United, GRF or other mutuals in Laguna Woods Village.

A happier part of the policy is that prospective shareholders once qualified in United do not need to requalify for a replacement unit as long as the stock certificate name remains the same, there is no change to membership vesting and the dual interim agreement is in effect (six months).

**Passed - Land use policy:** This policy restores compliance with Civil Code 4600. Over the past few years, United slipped into following Third Mutual alterations rules, which are based on condominium ownership. In co-ops (like United), unless there is a two-thirds vote of all 6,323 United members, no common area land extension/alteration outside the original footprint of the unit can be granted. With this passage, no new extensions will be granted. Those alterations already granted may be changed but not extended.



# RESIDENT ADVISORY COMMITTEE

*By Anthony Liberatore, Director*

United Mutual's mission of transparency, communication and accessibility is paramount. The ways in which we strive to achieve this mission is via the Village Breeze, the "What's Up in the Village" eblast, Village Television's "Thrive" show, United monthly board meetings and, probably the least known platform, the Resident Advisory Committee.

This committee meets in the Community Center Elm Room (24351 El Toro Road) on the second Thursday of every month at 4 p.m. We listen to every attendee—there are no three-minute time constraints.

Why do we meet in the Elm Room? First, it's much less formal than the board room. It's resident centric in the sense that residents, advisor Nancy Lannon and directors are within arm's length of each other. Staff sets the room up in a modified roundtable format (our tables are not round but rectangular).

Directors take notes, liaison with staff and report their findings to residents.

No appointment is necessary.



## TOWN HALL ON HO6 INSURANCE

*By Diane Casey, Director*

The United Mutual town hall meeting on January 13 was a great success. More than one hundred people attended. Our guest speaker, Chase Douglas, a licensed insurance agent with State Farm, gave a thorough presentation on an HO6 condo insurance policy and answered all questions from members.

Douglas explained how the HO6 policy protects condos and co-ops, while also providing both personal liability coverage and living expense coverage if the co-op becomes uninhabitable. HO6 policies are also called walls-in coverage, because they protect your individual unit, while your United Laguna Woods Mutual master policy covers the buildings. The United blanket property insurance insures residential, common and community buildings, and business property owned by the mutual (no coverage for improvements, alterations, additions or other member or tenant property).

Depending on what areas are affected, an incident can be covered by multiple policies at the same time. A leaky roof (covered by the master policy) might also cause water damage to your unit below, which would then bring your HO6 policy into play. Similarly, water damage in a neighbor's unit that spreads to yours would involve two HO6 policies—theirs and yours.

Loss assessment insurance, also called special assessment coverage, is an optional coverage that you can add to an HO6 insurance policy. It covers situations in which the unit owners in the co-op are financially responsible for a shared loss, so long as the issue was a covered peril.

When choosing your dwelling coverage limit, consider the added value of any new fixtures or construction.



# UNITED LAGUNA WOODS MUTUAL

## 2023 ASSESSMENT WITHOUT TAXES

### HOW \$644.22 IS SPENT MONTHLY

#### FOR UNITED • FOR GRF

**MAINTENANCE & CONSTRUCTION \$101.66**  
UNITED \$87.73  
GRF \$13.93



**GENERAL SERVICES \$36.89**  
UNITED \$14.38  
GRF \$22.51



**UTILITIES \$59.38**  
ELECTRICITY \$ 1.82  
SEWER \$20.32  
WATER \$26.55  
TRASH \$10.68  
TELEPHONE \$ 0.01



**ADMINISTRATION \$20.34**  
UNITED \$ 11.09  
GRF \$9.25



**RESERVE \$173.23**  
UNITED \$ 156.23  
GRF \$17



**SECURITY \$49.17**  
UNITED \$6.10  
GRF \$43.07



**RECREATION**  
GRF \$44.02



**INSURANCE \$33.29**  
UNITED \$13.74  
GRF \$19.55



**CONTINGENCY/  
DISASTER**  
GRF \$1



**IT \$24.35**  
UNITED \$10.49  
GRF \$13.68



**TRANSPORTATION**  
GRF \$11.52



**BROADBAND**  
GRF \$16.63



**LANDSCAPE \$70.32**  
UNITED \$60.35  
GRF \$9.97



**LEGAL**  
UNITED \$2.42



UNITED





## VMS Board of Directors

Rosemarie DiLorenzo  
Chair  
Third, 2022-2025

Wei-Ming Tao  
First Vice Chair  
Third, 2021-2024

Diane Phelps  
Second Vice Chair  
GRF, 2022-2025

Debbie Allen  
GRF, 2022-2023

Norman Kahn  
United, 2020-2023

Daniel Kenney  
United, 2023-2025

Manny Robledo  
United, 2021-2024

Cynthia Rupert  
GRF, 2022-2024

Mary Seto  
Third, 2022-2023



# THE BUSINESS OF VILLAGE BUDGETING

*By Diane Phelps, Second Vice Chair*

Laguna Woods Village is one of largest 55+ communities in the U.S.; because of its size and age, it costs a lot of money to keep it going. In 2023, it is anticipated we will need \$146 million to cover day-to-day operations, repairs and maintenance, and capital projects. The total needed will be partially offset by reserve funding and prior year(s) surplus, where appropriate, and revenue from sources such as trust facilities fees, golf course fees and permit fees. The balance needed will be paid by our monthly assessments. In 2023, the basic monthly assessment for manors in United is \$422.91 and for those in Third it is \$559.62. In addition, all manors also pay \$221.31 to GRF each month.

Our monthly assessments are set each year by the boards of United, Third and GRF. Each has its own business plan, which includes an operating budget to pay for day-to-day operations, a reserve plan to pay for scheduled large-scale repairs and replacements, and a contingency fund for unexpected costs. (GRF's reserve plan is often called a capital plan.)

If you'd like to know what the \$146 million will be spent on, you can review the 2023 business plans. All of the plans are available at [lagunawoodsvillage.com](http://lagunawoodsvillage.com) > **Documents**; then select United, Third or GRF. The 2023 greenbook business plan is found near the bottom of the list of documents under Financial Services.

VMS



### Budget Calendar for Development of the 2024 Business Plan

If you'd like to learn more about, or even participate in, setting the business plan for next year, 2024, you've come to the right place! This article will provide you with a month-by-month timeline of the Village's budgeting process. We encourage you to come to the committee and board meetings that occur earlier in the process, when presentations are more detailed. There will be plenty of discussion, and, like during all open meetings, you will be able to ask questions.

#### Budget Process Timeline

The goal of the budgeting process is for the United, Third and GRF boards to each adopt their 2024 business plan in September 2023. Let's take a look at the time and work it will take to get there. The 2024 budget process actually began last fall.

- **October 2022:** Each of the 10 VMS departments (Finance, Maintenance and Construction, Recreation, Security, Information Services, Landscaping, Media and Communications, Office of the CEO, General Services and Human Resources) reviewed their existing capital and replacement reserve projects to determine if any had excess funding. These were projects or programs that, for various reasons,

DESCRIPTION	GRF Board	United Board	Third Board
<b>Review of Existing (2023) Service Levels</b>			
Department Workshops	Mon Mar 20 9:30 A.M. & Wed Mar 22 9:30 A.M.		
Landscape & Maintenance Review		Wed Mar 29 1:30 P.M.	Thur Mar 30 9:30 A.M.
<b>Internal Review</b>			
Reserves / Capital	April / May		
<b>Version 1</b>			
Capital Review	Tues May 23 1:30 P.M.		
Maintenance Review		Tues May 30 9:30 A.M.	Wed May 31 9:30 A.M.
Landscape Review		Wed May 31 1:30 P.M.	Thu Jun 1 1:30 P.M.
Operating Department Review	Mon Jun 5 1:30 P.M.		
Capital Or Operating Review (if necessary)	Mon Jun 19 9:30 A.M.		
<b>Version 2</b>			
Business Plan Preparation	Deadline for Changes June 23, 2023 Issue Agendas Thursday July 6, 2023		
Business Plan Review	Mon Jul 10 1:30 P.M.	Thu Jul 13 1:30 P.M.	Thu Jul 13 9:30 A.M.
<b>Version 3</b>			
Business Plan Preparation	Deadline for Changes July 21, 2023 Issue Agendas Thursday August 3, 2023		
Business Plan Review (Televised)	Mon Aug 7 9:30 A.M.	Wed Aug 9 1:30 P.M.	Thu Aug 10 9:30 A.M.
<b>Proposed Final</b>			
Business Plan Adoption	Tue Sept 5 9:30 A.M.	Tue Sept 12 9:30 A.M.	Tue Sept 19 9:30 A.M.

staff determined could have all or part of their funding defunded (cut) and, therefore, made available for the 2024 business plan.

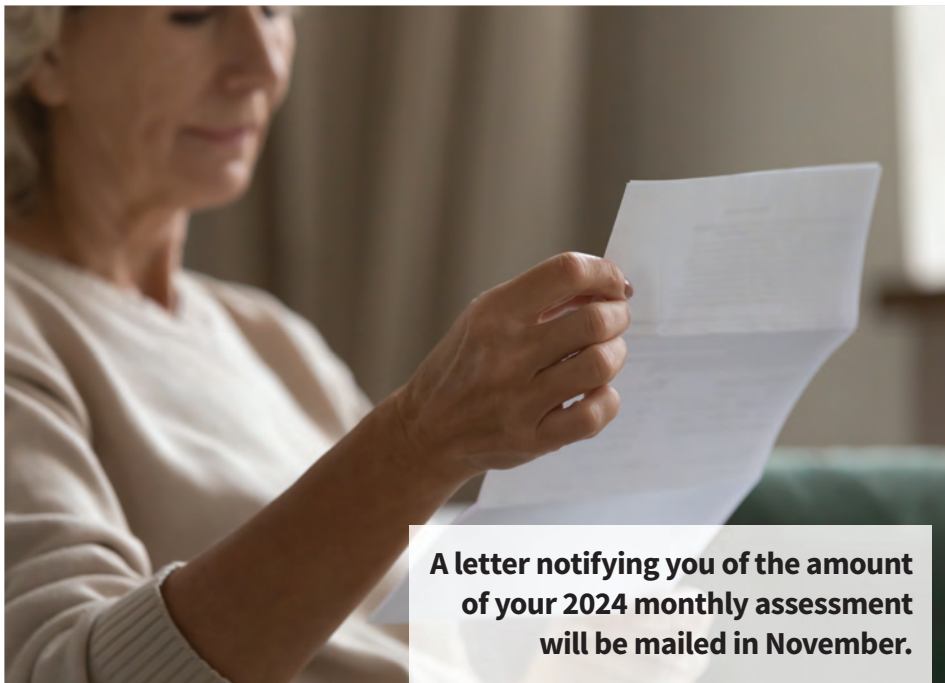
- **November 2022:** The GRF Finance Committee considered and discussed proposed defunding possibilities; the





committee then made a recommendation to the GRF board of the amount to be defunded.

- **December 2022:** The GRF board decided on and approved the amount to be defunded during its televised regular board meeting. This was an important first step in determining the amount of funding that will be required for the 2024 business plan, because the excess funding from 2022 may be incorporated into the 2024 budgets.
- **March 2023:** Workshops are held to present to the United, Third and GRF boards their current year levels of landscaping, maintenance and construction, and general services. These open meetings are the time for specific questions to be asked so the current level of service is fully understood. It is important that directors understand current 2023 service levels so they will be better able to consider service level changes for 2024.
- **April 2023:** After at least three rounds of internal review by the CEO and management, preliminary operating budgets and reserve/capital requirements are completed by each of the 10 departments.
- **May/June 2023:** The preliminary operating budget



is presented to the boards as Version 1. Because this is the first time this is presented, it is the most detailed budget presentation in the budgeting process. Also, a reserve study is performed by a contracted outside reserve specialist. This is the best time for boards to propose alternative service level scenarios so subsequent versions of the business plan, as well as the reserve study, can incorporate the changes.

- **July 2023:** After additional internal review and revision, Version 2 of the business plan is presented to the boards at special board meetings. Because the boards are already familiar with the first version of the business plan, Version 2 features less detail. This is the last opportunity for boards to propose reserve program changes.

- **August 2023:** After further internal review and revision, the business plan will be nearing completion and Version 3 will be presented to each of the boards at televised special board meetings.
- **September 2023:** At their regular televised board meetings, boards adopt their 2024 business plan.
- **November 2023:** Letters are mailed to each manor with notification of the amount of their 2024 monthly assessment. If you are interested in learning more about the budgeting process, we encourage you to attend the meetings and workshops. All are open to residents and are held in the Community Center board room (24351 El Toro Road). We'll see you there!

## THEN AND NOW

# FIRST RESIDENTS RECALL

## *the Early Days*

In the beginning, what is now Laguna Woods Village was only two blocks in size but was filled with 214 original residents who recalled the early days with the Laguna Woods History Center. One common memory was an eight- or nine-mile drive just to get a quart of milk.

Jack Pas, among the first residents, found there were no gas stations, but the community provided a free bus ride to Larwin Square in Tustin to get groceries. He also recalled that the golf shop was just a tent, and the Union gas station and Alpha Beta were built in 1965. Finally—some services!

Jack Tolle recalled jackrabbits and vacant lots outside his window. “The increase in population is just something we just have to accept,” he said.

Ivy Barber, an original resident, became a “move-in hostess” and taught new residents how to effectively use their appliances.

The Laguna Woods History Center, a 501(c)(3) nonprofit that receives no assessment funding, is located next to the Village Library. Visit weekdays from 11 a.m. to 1 p.m. and by appointment (call [949-206-0150](tel:949-206-0150)).







# Building the future of women's health together.

At MemorialCare Saddleback Medical Center, we're breaking new ground in women's healthcare. Construction is already underway for the completion of our new Women's Health Pavilion, offering a comprehensive array of services in one state-of-the-art location—from expert breast care, gynecologic services, patient navigation, oncology care and more. The pavilion will feature the new Sarah & Taylor Nederlander Breast Center, offering women a coordinated approach to care with breast cancer screening services, dedicated breast specialists and treatments all on one campus. One community. One commitment to women's best health.

Learn more at  
[memorialcare.org/womenshealth](https://www.memorialcare.org/womenshealth)

  
**MemorialCare**<sup>™</sup>  
 Saddleback Medical Center





# Recognized as One of America's Best Hospitals.



MemorialCare Saddleback Medical Center is honored to be named among the top 5% of hospitals nationwide for clinical excellence. For nearly 50 years, we have provided some of the most advanced technology and medical expertise to our community. With renowned specialists and our steadfast commitment to putting patient safety first, south Orange County residents have access to the nation's best health care, close to home.

(657) 241-8475  
[memorialcare.org/Saddleback](https://www.memorialcare.org/Saddleback)

  
**MemorialCare**<sup>™</sup>  
Saddleback Medical Center