



Fit Brain Club



The Fit Brain Club of Laguna Woods Village

Interested in learning more about Palliative Care?

Join us for our monthly meetings as various guest speakers present on topics related to brain health, memory, planning for the future, and more!

The Fit Brain Club meets every 2nd Monday at 10:00 am

Monday, August 12, 2024

9:30 am Check-in, 10 am presentation

Meet The MemorialCare Saddleback Palliative Care Team



Lorie D'Amore, MSN, RN, PHN
Director of Palliative Services



Suzanne Platt, RN
Nurse Navigator



Pamela Reuben-Eubanks, NP
Palliative Care Program Coordinator

Join us for a discussion and informative presentation on Palliative Care. Learn what Palliative Care is all about and what you need to know for navigating your own healthcare journey. It is also a great opportunity for your loved ones to hear more regarding Palliative Care.

**23822 Avenida Sevilla
Laguna Woods, CA 92637
PAC – Clubhouse 3 –
Dining Room 2**

Light refreshments provided by:
Adapt2It Home Medical Supply & Starbucks

For more information, please visit our website www.fitbrainlw.com
or contact **Mary Grace Carpenter** carpenter41mg@gmail.com.

The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information about Alzheimer's and about keeping the mind and body healthy.

Alzheimer's
ORANGE COUNTY

Helpline 844-373-4400

For Laguna Woods Village Residents and their guests.

www.lagunawoodsvillage.com

