

We're not getting older...

We're getting edited

Delivered April 7, 2026 by Andy Eugenio as an inspirational message at Topic Masters' meeting, Laguna Woods Village. A reflection on how, in this stage of life, we are not losing things—we are refining what truly matters.

Good afternoon, Topic Masters.

At our age, we've learned something important...

We don't need more *stuff* — we need better *editing*.

When we were younger, life was about adding — more work, more responsibilities, more things to worry about.

We kept saying yes... because everything felt important.

But now?

We've earned the right to edit. We start removing things that no longer serve us— unnecessary stress... unimportant obligations... even thoughts that weigh us down. And what do we keep?

We keep what matters.

Time with family.

Moments with friends.

Simple joys... like a good conversation,
a good laugh...

or even just a quiet afternoon.

We've edited our calendars so well...

sometimes nothing is the plan — and that's the plan.

Even our schedules... finally have white space.

You know, in my design projects, the magic doesn't always come from adding something new. It often comes from what you take away.

Remove the clutter... and suddenly, everything becomes clearer.

Maybe that's what this stage of our life is. Not a loss... but a refinement. We are not becoming less. We are becoming more focused... more intentional... more ourselves.

So if there's anything in your life right now that feels heavy... maybe it's time to edit.

Because the best version of our life...might just be the one where we've taken away everything that doesn't belong.

Thank you.